

Summer Cross Country - Race 2



Overall Results

Pos.	Bib	Name	Gender	Club	Age Cat	Age Cat Rank	Time
1	131	Oliver Perratt	M	Ludlow Runners	Senior Male	1st	22:56
2	375	Eric Apperley	M	Croft Ambrey RC	Senior Male	2nd	23:34
3	223	Robin Woods	M	Builth & District	Vet 45 Male	1st	24:15
4	188	Wyndham Turner	M	Builth & District	Senior Male	3rd	24:20
5	133	Matthew Yapp	M	Ludlow Runners	Senior Male	4th	24:27
6	369	Sam Juson	M	Croft Ambrey RC	Senior Male	5th	24:44
7	382	Gareth Leek	M	Croft Ambrey RC	Senior Male	6th	24:50
8	129	Alex Logan	M	Ludlow Runners	Vet 40 Male	1st	25:58
9	56	William Morris	M	Hereford Couriers RC	Senior Male	7th	26:00
10	237	Michael Dymond	M	Malvern Buzzards Running Club	Senior Male	8th	26:05
11	81	Gavin Jones	M	MonRoss Trailblazers	Senior Male	9th	26:06
12	250	Richard Walsh	M	Malvern Buzzards Running Club	Vet 35 Male	1st	26:18
13	47	Ryan Lawrence	M	Hereford Couriers RC	Senior Male	10th	26:29
14	55	Will Maul	M	Hereford Couriers RC	Senior Male	11th	26:44
15	74	Rob Nichols	M	MonRoss Trailblazers	Vet 35 Male	2nd	26:58
16	187	Tom Turner	M	Builth & District	Vet 35 Male	3rd	27:13
17	20	Harry Woodhouse	M	Hereford Couriers RC	Senior Male	12th	27:21
18	144	Peter Koval	M	Hereford Triathlon Club	Vet 35 Male	4th	27:32
19	200	Huw Lewis	M	Builth & District	Vet 45 Male	2nd	27:35
20	61	Scott Kennedy	M	Hereford Couriers RC	Vet 45 Male	3rd	27:51
21	132	Declan Miller	M	Ludlow Runners	Senior Male	13th	28:09
22	273	Jeremy Jehan	M	Wye Valley Runners	Vet 50 Male	1st	28:17
23	306	Dan Sandford	M	Forest of Dean AC	Vet 45 Male	4th	28:27
24	251	Neil Warne	M	Malvern Buzzards Running Club	Vet 40 Male	2nd	28:37
25	380	Grant Womack	M	Croft Ambrey RC	Vet 40 Male	3rd	28:47
26	361	Joseph Lynch	M	Croft Ambrey RC	Senior Male	14th	28:49
27	39	Martin Lloyd	M	Hereford Couriers RC	Vet 45 Male	5th	28:52



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Pos.	Bib	Name	Gender	Club	Age Cat	Age Cat Rank	Time
28	149	Matt Ansfield	M	Hereford Triathlon Club	Vet 50 Male	2nd	28:53
29	113	Claire Thomas	F	Ludlow Runners	Vet 40 Female	1st	29:11
30	23	James Davies	M	Hereford Couriers RC	Vet 40 Male	4th	29:14
31	359	Steve Partridge	M	Croft Ambrey RC	Vet 40 Male	5th	29:29
32	274	David Klotz	M	Wye Valley Runners	Vet 40 Male	6th	29:37
33	232	Stephen Hambridge	M	Builth & District	Vet 40 Male	7th	29:39
34	14	Daniel Spear	M	Hereford Couriers RC	Vet 35 Male	5th	29:39
35	143	Andy Taylor	M	Hereford Triathlon Club	Vet 50 Male	3rd	29:45
36	70	Grant White	M	MonRoss Trailblazers	Senior Male	15th	29:49
37	73	Richard Bevan	M	MonRoss Trailblazers	Vet 45 Male	6th	29:55
38	425	Clifford Berry	M	Ledbury Harriers	Vet 60 Male	1st	30:00
39	305	Rhys Asbridge	M	Forest of Dean AC	Vet 35 Male	6th	30:01
40	436	Douglas Glasgow	M	Presteigne Pacers	Senior Male	16th	30:11
41	393	Hannah Fletcher	F	Croft Ambrey RC	Vet 35 Female	1st	30:17
42	36	Luke Williams	M	Hereford Couriers RC	Vet 40 Male	8th	30:21
43	38	Martin Carter	M	Hereford Couriers RC	Vet 55 Male	1st	30:29
44	384	George Thomas	M	Croft Ambrey RC	Vet 35 Male	7th	30:31
45	75	Rob Potter	M	MonRoss Trailblazers	Vet 45 Male	7th	30:33
46	145	Steve Head	M	Hereford Triathlon Club	Senior Male	17th	30:35
47	209	Matthew Sullivan	M	Builth & District	Senior Male	18th	30:39
48	402	Peter Summers	M	Hay Hotfooters	Vet 35 Male	8th	30:41
49	92	Andy Stephens	M	MonRoss Trailblazers	Vet 45 Male	8th	30:43
50	59	Neil McNish	M	Hereford Couriers RC	Vet 50 Male	4th	30:44
51	86	Laura Lelievre	F	MonRoss Trailblazers	Senior Female	1st	30:50
52	203	Gareth Price	M	Builth & District	Vet 40 Male	9th	30:55
53	78	Martin Turner	M	MonRoss Trailblazers	Vet 35 Male	9th	30:57
54	310	Scott Berry	M	Forest of Dean AC	Vet 45 Male	9th	30:59



Summer Cross Country - Race 2



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Pos.	Bib	Name	Gender	Club	Age Cat	Age Cat Rank	Time
55	115	Eilish Gilbert	F	Ludlow Runners	Senior Female	2nd	31:02
56	414	Mark Radon	M	Presteigne Pacers	Senior Male	19th	31:16
57	284	Louis O'Regan	M	Wye Valley Runners	Senior Male	20th	31:18
58	301	Lea Wood	M	Wye Valley Runners	Vet 35 Male	10th	31:19
59	66	Allen Edwards	M	Hereford Couriers RC	Senior Male	21st	31:23
60	328	Kirk Hill	M	Spirit of Monmouth	Vet 50 Male	5th	31:43
61	214	Gareth Thomas	M	Builth & District	Vet 35 Male	11th	31:49
62	111	Amy Fulford	F	Ludlow Runners	Vet 45 Female	1st	31:53
63	435	Andy Crawshaw	M	Ledbury Harriers	Vet 55 Male	2nd	31:54
64	309	Julian Boon	M	Forest of Dean AC	Vet 50 Male	6th	32:02
65	434	Amy Freeman	F	Forest of Dean AC	Vet 35 Female	2nd	32:07
66	218	Paul Walby	M	Builth & District	Vet 45 Male	10th	32:08
67	25	Jonathan Davey	M	Hereford Couriers RC	Vet 55 Male	3rd	32:08
68	245	Tristan May	M	Malvern Buzzards Running Club	Vet 40 Male	10th	32:09
69	437	Gareth Lloyd	M	Presteigne Pacers	Senior Male	22nd	32:17
70	159	Jack O'Shea	M	Hereford Triathlon Club	Senior Male	23rd	32:30
71	52	Tim Broome	M	Hereford Couriers RC	Vet 40 Male	11th	32:36
72	87	Nigel Baker	M	MonRoss Trailblazers	Vet 60 Male	2nd	32:38
73	84	Emily Harrison	F	MonRoss Trailblazers	Vet 35 Female	3rd	32:38
74	267	Daniel Francis	M	Wye Valley Runners	Senior Male	24th	32:42
75	340	Kelly Bowen	F	Croft Ambrey RC	Vet 35 Female	4th	32:44
76	387	Lee Monks	M	Croft Ambrey RC	Vet 35 Male	12th	32:46
77	348	Paul Parker	M	Croft Ambrey RC	Vet 50 Male	7th	32:47
78	352	Mia Davies	F	Croft Ambrey RC	Senior Female	3rd	32:54
79	238	Adam Dyson	M	Malvern Buzzards Running Club	Vet 40 Male	12th	32:56
80	207	Mel Sadie	F	Builth & District	Senior Female	4th	32:57
81	152	Paul Mammatt	M	Hereford Triathlon Club	Vet 50 Male	8th	33:02



Summer Cross Country - Race 2



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Pos.	Bib	Name	Gender	Club	Age Cat	Age Cat Rank	Time
82	89	Neil Harper	M	MonRoss Trailblazers	Vet 45 Male	11th	33:04
83	186	Gareth Wood	M	Builth & District	Senior Male	25th	33:07
84	253	Mike Heath	M	Malvern Buzzards Running Club	Vet 55 Male	4th	33:11
85	426	Barry Thompson	M	Ledbury Harriers	Vet 45 Male	12th	33:14
86	333	Stuart Morris	M	Spirit of Monmouth	Vet 45 Male	13th	33:15
87	35	Lucy Jarvis	F	Hereford Couriers RC	Senior Female	5th	33:15
88	121	Adrian Pickles	M	Ludlow Runners	Vet 65 Male	1st	33:16
89	185	Ali Hardaway	M	Builth & District	Vet 55 Male	5th	33:19
90	124	Angus Kirby	M	Ludlow Runners	Vet 55 Male	6th	33:21
91	174	Joanne Rees	F	Builth & District	Vet 45 Female	2nd	33:32
92	346	Joanne Tilby	F	Croft Ambrey RC	Vet 40 Female	2nd	33:34
93	358	Dave Millichap	M	Croft Ambrey RC	Vet 50 Male	9th	33:35
94	12	Clare Mallender	F	Hereford Couriers RC	Vet 45 Female	3rd	33:35
95	227	Ben Gaskell	M	Builth & District	Vet 35 Male	13th	33:37
96	170	Vince Playdon	M	Hereford Triathlon Club	Vet 50 Male	10th	33:40
97	72	Vanessa Ball	F	MonRoss Trailblazers	Vet 35 Female	5th	33:43
98	8	Chris Cleary	M	Hereford Couriers RC	Senior Male	26th	33:49
99	278	Amelia Louth	F	Wye Valley Runners	Senior Female	6th	33:50
100	230	Lisa Boucher	F	Builth & District	Vet 35 Female	6th	33:51
101	231	Colin Williams	M	Builth & District	Vet 55 Male	7th	33:53
102	51	Steven Mesham	M	Hereford Couriers RC	Vet 50 Male	11th	33:59
103	157	Christian Mason	M	Hereford Triathlon Club	Vet 35 Male	14th	34:02
104	178	Isabelle Robinson	F	Builth & District	Senior Female	7th	34:06
105	270	Katherine Hardwick	F	Wye Valley Runners	Vet 40 Female	3rd	34:18
106	3	Becky Eversham	F	Hereford Couriers RC	Vet 40 Female	4th	34:22
107	64	Dave Green	M	Hereford Couriers RC	Vet 55 Male	8th	34:23
108	1	Abi Knight	F	Hereford Couriers RC	Senior Female	8th	34:24



Summer Cross Country - Race 2



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Pos.	Bib	Name	Gender	Club	Age Cat	Age Cat Rank	Time
109	268	Kate Green	F	Wye Valley Runners	Vet 55 Female	1st	34:25
110	220	Kirsty Prosser	F	Builth & District	Senior Female	9th	34:31
111	315	Owen McLaughlin	M	Forest of Dean AC	Vet 70 Male	1st	34:36
112	347	Jo Marriott	F	Croft Ambrey RC	Vet 55 Female	2nd	34:37
113	365	Howard Verran	M	Croft Ambrey RC	Vet 45 Male	14th	34:37
114	2	Amy Smith	F	Hereford Couriers RC	Vet 40 Female	5th	34:49
115	158	Ben Probert	M	Hereford Triathlon Club	Vet 40 Male	13th	34:52
116	439	Tony Champken	M	Wye Valley Runners	Vet 65 Male	2nd	34:52
117	234	Sarah Armstrong	F	Malvern Buzzards Running Club	Vet 55 Female	3rd	34:55
118	151	Kevin Artus	M	Hereford Triathlon Club	Vet 45 Male	15th	35:09
119	424	Tym Musgrove	M	Ledbury Harriers	Vet 60 Male	3rd	35:13
120	257	Lynne Compton	F	Wye Valley Runners	Vet 55 Female	4th	35:17
121	350	Tim Jones	M	Croft Ambrey RC	Vet 55 Male	9th	35:20
122	256	Rebecca Ansfield	F	Wye Valley Runners	Vet 45 Female	4th	35:21
123	194	Christian Prynne	M	Builth & District	Vet 50 Male	12th	35:28
124	242	Barbara Gawlak	F	Malvern Buzzards Running Club	Vet 35 Female	7th	35:34
125	114	Laura Perratt	F	Ludlow Runners	Senior Female	10th	35:37
126	141	Mark Roberts	M	Brecon Athletic Club	Vet 60 Male	4th	35:39
127	130	Thomas Powell	M	Ludlow Runners	Vet 35 Male	15th	35:43
128	385	Ireland Lawrence	F	Croft Ambrey RC	Senior Female	11th	35:44
129	13	Clare Evans	F	Hereford Couriers RC	Senior Female	12th	35:45
130	198	Celia Speake	F	Builth & District	Vet 55 Female	5th	35:47
131	179	Abbie Davies	F	Builth & District	Senior Female	13th	35:49
132	353	Thea Preece	F	Croft Ambrey RC	Senior Female	14th	35:51
133	10	Christina Pinto-Pearson	F	Hereford Couriers RC	Vet 40 Female	6th	35:51
134	76	Emma Davies	F	MonRoss Trailblazers	Vet 50 Female	1st	35:55
135	432	Daren Smith	M	Forest of Dean AC	Vet 55 Male	10th	35:59



Summer Cross Country - Race 2



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Pos.	Bib	Name	Gender	Club	Age Cat	Age Cat Rank	Time
136	286	Lorna Shaw	F	Wye Valley Runners	Vet 60 Female	1st	36:03
137	117	Jemma Radmore	F	Ludlow Runners	Female Under 20	1st	36:11
138	58	Sarah Askey	F	Hereford Couriers RC	Vet 55 Female	6th	36:15
139	303	Sean House	M	Wye Valley Runners	Senior Male	27th	36:39
140	342	Bronwyn Preece	F	Croft Ambrey RC	Senior Female	15th	36:39
141	19	Emma Price	F	Hereford Couriers RC	Senior Female	16th	36:50
142	171	Jake Fowler	M	Hereford Triathlon Club	Senior Male	28th	36:50
143	146	John Maddy	M	Hereford Triathlon Club	Vet 55 Male	11th	36:57
144	282	Paddy Nugent	M	Wye Valley Runners	Vet 60 Male	5th	37:00
145	349	Liza Austin	F	Croft Ambrey RC	Vet 55 Female	7th	37:01
146	335	Nick Sloper	M	Spirit of Monmouth	Vet 50 Male	13th	37:04
147	120	Clive Richardson	M	Ludlow Runners	Vet 65 Male	3rd	37:23
148	288	Michael Smallwood	M	Wye Valley Runners	Vet 55 Male	12th	37:25
149	122	Paul Roberts	M	Ludlow Runners	Vet 60 Male	6th	37:29
150	167	Deanna Mammatt	F	Hereford Triathlon Club	Vet 45 Female	5th	37:35
151	275	Julie Knill	F	Wye Valley Runners	Vet 55 Female	8th	37:41
152	29	Kimberley Langford	F	Hereford Couriers RC	Senior Female	17th	37:44
153	168	Jenny Papworth	F	Hereford Triathlon Club	Vet 50 Female	2nd	37:46
154	197	Malc Gonnella	M	Builth & District	Vet 65 Male	4th	37:48
155	205	Alexander Brown	M	Builth & District	Vet 55 Male	13th	37:49
156	235	Julie Caseley	F	Malvern Buzzards Running Club	Vet 60 Female	2nd	38:01
157	283	Temi Odurinde	M	Wye Valley Runners	Vet 60 Male	7th	38:03
158	183	Gary Watts	M	Builth & District	Vet 60 Male	8th	38:06
159	409	Sharon Collins	F	Hay Hotfooters	Vet 55 Female	9th	38:18
160	317	Sarah Bucknall	F	Forest of Dean AC	Vet 45 Female	6th	38:20
161	263	Jo Ellis	F	Wye Valley Runners	Vet 40 Female	7th	38:28
162	190	Emma Bagshaw	F	Builth & District	Vet 50 Female	3rd	38:33



Summer Cross Country - Race 2



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Pos.	Bib	Name	Gender	Club	Age Cat	Age Cat Rank	Time
163	329	Andrew Hillis	M	Spirit of Monmouth	Vet 55 Male	14th	38:34
164	110	Sarah Edwards	F	Ludlow Runners	Vet 50 Female	4th	38:36
165	150	Mike Shaw	M	Hereford Triathlon Club	Vet 70 Male	2nd	38:53
166	27	Kevin Barnes	M	Hereford Couriers RC	Vet 60 Male	9th	38:56
167	407	Kevin Dunster	M	Hay Hotfooters	Vet 60 Male	10th	38:58
168	334	Trina Sami-Brown	F	Spirit of Monmouth	Vet 40 Female	8th	39:00
169	206	Judy Baird-Murray	F	Builth & District	Vet 55 Female	10th	39:15
170	378	Gary Gunner	M	Croft Ambrey RC	Vet 75 Male	1st	39:27
171	401	Rachel Jones	F	Hay Hotfooters	Vet 50 Female	5th	39:29
172	65	Samantha Higgins	F	Hereford Couriers RC	Vet 45 Female	7th	39:29
173	440	Suzanne Purvin	F	Croft Ambrey RC	Vet 60 Female	3rd	39:33
174	292	Gordon Truluck	M	Wye Valley Runners	Vet 65 Male	5th	39:33
175	397	Sonia George	F	Croft Ambrey RC	Vet 45 Female	8th	39:33
176	373	Steph Main	F	Croft Ambrey RC	Vet 50 Female	6th	39:58
177	266	Louisa Foti	F	Wye Valley Runners	Vet 45 Female	9th	40:04
178	298	Emma Harris	F	Wye Valley Runners	Vet 40 Female	9th	40:14
179	383	Oli Cameron-Swan	M	Croft Ambrey RC	Vet 45 Male	16th	40:22
180	341	Huw Williams	M	Croft Ambrey RC	Vet 60 Male	11th	40:26
181	219	Margaret Trainor	F	Builth & District	Vet 45 Female	10th	40:28
182	413	Brian Lloyd	M	Presteigne Pacers	Vet 60 Male	12th	40:31
183	398	Roland Preece	M	Croft Ambrey RC	Vet 55 Male	15th	40:38
184	368	Stephanie King	F	Croft Ambrey RC	Vet 55 Female	11th	40:39
185	294	James Webb	M	Wye Valley Runners	Vet 40 Male	14th	40:39
186	428	Katie Francis	F	Wye Valley Runners	Senior Female	18th	41:04
187	285	Kate Phipps	F	Wye Valley Runners	Senior Female	19th	41:05
188	291	Hannah Thomas	F	Wye Valley Runners	Vet 45 Female	11th	41:24
189	181	Izzy Watts	F	Builth & District	Vet 45 Female	12th	41:28



Summer Cross Country - Race 2



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190	302	Ashley Davies	M	Wye Valley Runners	Vet 35 Male	16th	41:32
191	307	Alan Robertson	M	Forest of Dean AC	Vet 65 Male	6th	41:43
192	163	Liz Davies Ward	F	Hereford Triathlon Club	Vet 60 Female	4th	42:01
193	180	Christine Thomas	F	Builth & District	Vet 65 Female	1st	42:03
194	433	Mel Ruck	F	Forest of Dean AC	Vet 50 Female	7th	42:06
195	177	Tina Harrison	F	Builth & District	Vet 55 Female	12th	42:14
196	34	Lauren Pullen	F	Hereford Couriers RC	Female Under 20	2nd	42:46
197	438	Sian Champken	F	Wye Valley Runners	Vet 50 Female	8th	42:48
198	295	Julie Whitehouse	F	Wye Valley Runners	Vet 50 Female	9th	42:55
199	136	Sally Toye	F	Ludlow Runners	Vet 60 Female	5th	43:03
200	258	Richard Connelly	M	Wye Valley Runners	Vet 50 Male	14th	43:40
201	296	Laura Williams	F	Wye Valley Runners	Senior Female	20th	44:07
202	362	Sue Wood	F	Croft Ambrey RC	Vet 65 Female	2nd	44:12
203	182	Olivia Hancock	F	Builth & District	Senior Female	21st	44:15
204	377	Gemma Davies	F	Croft Ambrey RC	Vet 40 Female	10th	44:27
205	360	Theresa Jones	F	Croft Ambrey RC	Vet 50 Female	10th	44:42
206	357	Clare Preece	F	Croft Ambrey RC	Vet 50 Female	11th	44:49
207	429	Sarah Coggins	F	Ledbury Harriers	Vet 60 Female	6th	44:54
208	400	Tina Lavelle	F	Hay Hotfooters	Vet 65 Female	3rd	45:29
209	108	Joanne Stanley	F	Ludlow Runners	Vet 60 Female	7th	45:39
210	208	Avril Hardwick	F	Builth & District	Vet 35 Female	8th	45:39
211	399	Frank Luscott	M	Croft Ambrey RC	Vet 65 Male	7th	45:40
212	299	Nick Paviour	M	Wye Valley Runners	Senior Male	29th	46:15
213	406	Alan Nicholls	M	Hay Hotfooters	Vet 70 Male	3rd	46:36
214	396	Louise Reeves	F	Croft Ambrey RC	Vet 45 Female	13th	46:44
215	290	brian Symonds	M	Wye Valley Runners	Vet 80 Male	1st	47:19
216	118	Nicholas Young	M	Ludlow Runners	Vet 65 Male	8th	47:45



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217	269	Bill Griffiths	M	Wye Valley Runners	Vet 70 Male	4th	48:11
218	271	Dave Hider	M	Wye Valley Runners	Vet 55 Male	16th	48:12
219	366	Claire Verran	F	Croft Ambrey RC	Vet 45 Female	14th	49:45
220	345	Tom Davies	M	Croft Ambrey RC	Vet 70 Male	5th	50:41
221	395	Hayley Millichap	F	Croft Ambrey RC	Vet 50 Female	12th	51:59
222	15	Dave Ainslie	M	Hereford Couriers RC	Vet 60 Male	13th	52:13
223	105	Sybil Marsh	F	Ludlow Runners	Vet 75 Female	1st	52:26
224	24	John Noonan	M	Hereford Couriers RC	Vet 65 Male	9th	53:11
225	318	Linda Ingledow	F	Forest of Dean AC	Vet 55 Female	13th	59:44

Number of Records: 225

