

Herefordshire & Borders Winter Cross Country League 2023/24 Female Team Results

TEAM NAME	TIME R1	TIME R2	TIME R3	TIME R4	TOTAL TIME
Builth and District 1	03:53:19	03:17:40			07:10:59
Croft Ambrey RC 1	03:53:29	03:21:00			07:14:29
Hereford Couriers 1	04:10:56	03:18:39			07:29:35
Wye Valley Runners 1	04:08:23	03:26:25			07:34:48
Ludlow Runners 1	04:15:26	03:39:27			07:54:53
Maldwyn Harriers 1	04:28:28	03:31:08			07:59:36
Malvern Buzzards 1	04:34:43	03:43:06			08:17:49
Hay Hotfooters 1	04:19:19	04:10:25			08:29:44
Croft Ambrey RC 2	04:40:19	03:52:09			08:32:28
Croft Ambrey RC 3	05:09:36	04:13:04			09:22:40