

Herefordshire & Borders Winter Cross Country League 2023/24 Female Team Results

TEAM NAME	TIME R1	TIME R2	TIME R3	TIME R4	TOTAL TIME
Builth and District 1	03:53:19	03:17:40	03:11:22		10:22:21
Croft Ambrey RC 1	03:53:29	03:21:00	03:33:16		10:47:45
Hereford Couriers 1	04:10:56	03:18:39	03:32:54		11:02:29
Wye Valley Runners 1	04:08:23	03:26:25	03:33:43		11:08:31
Malvern Buzzards 1	04:34:43	03:43:06	03:35:59		11:53:48
Maldwyn Harriers 1	04:28:28	03:31:08	03:58:40		11:58:16
Hay Hotfooters 1	04:19:19	04:10:25	03:52:47		12:22:31
Croft Ambrey RC 2	04:40:19	03:52:09	04:05:31		12:37:59
Croft Ambrey RC 3	05:09:36	04:13:04	04:48:44		14:11:24