



Overall Results

| Pos. | Bib | Name | Gender | Club | Time | Age Cat | Rank |
|------|-----|------------------|--------|--------------------------------|---------|---------------|------|
| 1. | 95 | Nick Drabble | M | Black Pear Joggers | 44:07 | Senior Male | 1st |
| 2. | 131 | Matt James | M | Hereford Couriers | 45:03 | Senior Male | 2nd |
| 3. | 68 | Thomas Kennedy | M | | 46:29 | Senior Male | 3rd |
| 4. | 200 | James Rose | M | Severn AC | 46:30 | Vet 40 Male | 1st |
| 5. | 54 | William Morris | M | Hereford Couriers | 47:26 | Senior Male | 4th |
| 6. | 129 | Luke Mason | M | Hereford Couriers | 49:52 | Senior Male | 5th |
| 7. | 182 | Adrian Cox | M | Black Pear Joggers | 50:24 | Vet 40 Male | 2nd |
| 8. | 189 | Hugh Davies | M | Worcester AC | 51:19 | Vet 50 Male | 1st |
| 9. | 79 | Michael Jones | M | | 51:37 | Vet 50 Male | 2nd |
| 10. | 288 | Michael Thomson | M | | 52:13 | Vet 40 Male | 3rd |
| 11. | 70 | Eamonn Donovan | M | Woolhope | 52:22 | Senior Male | 6th |
| 12. | 173 | Ben Toon | M | Malvern Joggers | 52:34 | Vet 40 Male | 4th |
| 13. | 191 | Cai Rees | M | Hereford Couriers | 53:02 | Senior Male | 7th |
| 14. | 160 | Kelsham Hanna | M | Builth & District Running Club | 53:24 | Vet 50 Male | 3rd |
| 15. | 170 | Paul Cooke | M | Malvern Buzzards Running Club | 53:46 | Vet 40 Male | 5th |
| 16. | 156 | Niki Morgan | F | Chepstow Harriers | 54:09 | Vet 50 Female | 1st |
| 17. | 86 | Jonathan Davey | M | Hereford Couriers | 54:12 | Vet 50 Male | 4th |
| 18. | 94 | Sam Davison | M | | 54:20 | Senior Male | 8th |
| 19. | 112 | Andrew Gosling | M | | 54:24 | Senior Male | 9th |
| 20. | 100 | David Klotz | M | Wye Valley Runners | 54:27 | Vet 40 Male | 6th |
| 21. | 93 | Martin Carter | M | Hereford Couriers | 54:28 | Vet 50 Male | 5th |
| 22. | 76 | Darren Compton | M | | 54:54 | Vet 40 Male | 7th |
| 23. | 55 | Neil McNish | M | Hereford Couriers | 55:03 | Vet 50 Male | 6th |
| 24. | 56 | Jake Wilkins | M | | 55:23 | Senior Male | 10th |
| 25. | 171 | James Wilkinson | M | Cheltenham and County Harriers | 55:33 | Vet 40 Male | 8th |
| 26. | 196 | Chris Pinder | M | Malvern Buzzards Running Club | 55:52 | Senior Male | 11th |
| 27. | 132 | Richie Richards | M | Hereford Couriers | 56:32 | Vet 50 Male | 7th |
| 28. | 123 | Matt Jones | M | Malvern Joggers | 57:28 | Senior Male | 12th |
| 29. | 177 | George Murrells | M | | 58:24 | Senior Male | 13th |
| 30. | 84 | Chris Reed | M | Malvern Joggers | 58:35 | Vet 40 Male | 9th |
| 31. | 198 | Jason Bishop | M | | 59:09 | Vet 40 Male | 10th |
| 32. | 90 | Matt John | M | Almost Athletes | 59:12 | Senior Male | 14th |
| 33. | 53 | Gavin Jerman | M | CLC Striders | 59:29 | Vet 50 Male | 8th |
| 34. | 99 | Christina Plant | F | Hereford Couriers | 1:00:16 | Senior Female | 1st |
| 35. | 144 | Sven Rouse | M | | 1:00:28 | Vet 50 Male | 9th |
| 36. | 149 | Martin Thomas | M | Malvern Buzzards Running Club | 1:00:40 | Vet 50 Male | 10th |
| 37. | 105 | Stu Pegg | M | | 1:00:41 | Vet 40 Male | 11th |
| 38. | 199 | Abi Knight | F | Hereford Couriers | 1:00:45 | Senior Female | 2nd |
| 39. | 172 | Alexander Teague | M | | 1:00:48 | Senior Male | 15th |
| 40. | 147 | Rebecca Ansfield | F | Wye Valley Runners | 1:01:02 | Vet 40 Female | 1st |
| 41. | 119 | Lee Jones | M | | 1:01:29 | Vet 40 Male | 12th |
| 42. | 174 | William Harnden | M | | 1:02:03 | Senior Male | 16th |
| 43. | 91 | Holly Armstrong | F | | 1:02:22 | Senior Female | 3rd |
| 44. | 60 | Luke Alexander | M | Worcestershire Trailblazers | 1:02:34 | Senior Male | 17th |
| 45. | 87 | Richard Bradley | M | | 1:02:38 | Vet 60 Male | 1st |





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|------|-----|-------------------------|--------|--------------------------------|---------|---------------|------|
| 46. | 111 | Amelia Mullins | F | CLC Striders | 1:02:43 | Vet 50 Female | 2nd |
| 47. | 163 | Chris Marks | M | | 1:03:03 | Vet 40 Male | 13th |
| 48. | 138 | David Millichap | M | Croft Ambrey RC | 1:03:13 | Vet 50 Male | 11th |
| 49. | 59 | Abi Gooderham | F | Pershore Plum Plodders | 1:03:17 | Senior Female | 4th |
| 50. | 103 | David Whitehouse | M | Evesham Vale Running Club | 1:03:20 | Vet 60 Male | 2nd |
| 51. | 292 | David Green | M | Hereford Couriers | 1:03:23 | Vet 50 Male | 12th |
| 52. | 125 | Lynne Compton | F | Wye Valley Runners | 1:03:30 | Vet 50 Female | 3rd |
| 53. | 159 | Adie Dunsdon | M | | 1:03:30 | Vet 40 Male | 14th |
| 54. | 167 | Guy Jenkins | M | Hereford Couriers | 1:04:10 | Vet 60 Male | 3rd |
| 55. | 179 | Kirsty Jenkins | F | Hereford Couriers | 1:04:23 | Senior Female | 5th |
| 56. | 64 | Kate Green | F | Wye Valley Runners | 1:05:04 | Vet 50 Female | 4th |
| 57. | 155 | Stephen Owen | M | Chepstow Harriers | 1:05:17 | Vet 70 Male | 1st |
| 58. | 154 | Mark Buley | M | | 1:06:07 | Vet 40 Male | 15th |
| 59. | 181 | Liza Austin | F | Croft Ambrey RC | 1:06:29 | Vet 50 Female | 5th |
| 60. | 124 | Michael Rutter | M | Black Pear Joggers | 1:06:46 | Vet 50 Male | 13th |
| 61. | 51 | David Richmond | M | | 1:06:48 | Vet 60 Male | 4th |
| 62. | 102 | Celia Speake | F | Builth & District Running Club | 1:07:01 | Vet 50 Female | 6th |
| 63. | 135 | Andrew Charles | M | | 1:07:11 | Vet 50 Male | 14th |
| 64. | 150 | Sophie Gleghorn | F | | 1:07:11 | Senior Female | 6th |
| 65. | 176 | Tracy Lawrence | F | | 1:07:28 | Vet 50 Female | 7th |
| 66. | 127 | Neil Williams | M | | 1:08:02 | Vet 50 Male | 15th |
| 67. | 151 | Honesty Walker | F | | 1:08:21 | Vet 40 Female | 2nd |
| 68. | 139 | Christina Pinto-Pearson | F | Stroud & District AC | 1:08:25 | Vet 40 Female | 3rd |
| 69. | 140 | James Pinto-Pearson | M | | 1:08:31 | Senior Male | 18th |
| 70. | 92 | Lucy Schofield | F | | 1:08:32 | Vet 50 Female | 8th |
| 71. | 83 | Rachel Reed | F | Malvern Joggers | 1:08:37 | Vet 40 Female | 4th |
| 72. | 104 | Julie Caseley | F | Malvern Buzzards Running Club | 1:08:59 | Vet 60 Female | 1st |
| 73. | 184 | Craig Edwards | M | | 1:09:24 | Vet 40 Male | 16th |
| 74. | 166 | Chris Ponter | M | | 1:09:31 | Senior Male | 19th |
| 75. | 168 | Harry Jenkins | M | Hereford Couriers | 1:09:31 | Senior Male | 20th |
| 76. | 290 | Samantha Harper | F | Croft Ambrey RC | 1:09:38 | Vet 40 Female | 5th |
| 77. | 195 | Bronwyn Preece | F | Croft Ambrey RC | 1:09:58 | Senior Female | 7th |
| 78. | 65 | Cherilyn Ford | F | Black Pear Joggers | 1:10:21 | Vet 40 Female | 6th |
| 79. | 106 | Julie Willis | F | Newent Runners | 1:10:27 | Vet 60 Female | 2nd |
| 80. | 133 | Andrew Hillis | M | Spirit Of Monmouth | 1:10:27 | Vet 50 Male | 16th |
| 81. | 126 | Robert Dowse | M | Malvern Joggers | 1:10:51 | Senior Male | 21st |
| 82. | 88 | Bronwen Tyler-Jones | F | Hereford Couriers | 1:10:55 | Vet 50 Female | 9th |
| 83. | 58 | Andy Jones | M | Gloucester Tri | 1:10:57 | Vet 40 Male | 17th |
| 84. | 117 | Hayley Perry | F | | 1:11:06 | Vet 50 Female | 10th |
| 85. | 78 | Marie Flower | F | | 1:11:06 | Vet 40 Female | 7th |
| 86. | 180 | Malcolm Edwards | M | | 1:11:10 | Vet 50 Male | 17th |
| 87. | 66 | Angela Wixey | F | Severn AC | 1:12:00 | Vet 50 Female | 11th |
| 88. | 61 | Laurie Lockyear | F | | 1:12:41 | Vet 40 Female | 8th |
| 89. | 96 | David Garnett | M | Almost Athletes | 1:12:44 | Vet 60 Male | 5th |
| 90. | 187 | James Hayward | M | | 1:13:25 | Senior Male | 22nd |





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|------|-----|--------------------------|--------|--------------------------------|---------|---------------|------|
| 91. | 188 | Stephen Hayward | M | | 1:13:25 | Vet 50 Male | 18th |
| 92. | 162 | Charlotte Raine | F | Malvern Joggers | 1:13:32 | Senior Female | 8th |
| 93. | 164 | Ewen Griffiths | M | | 1:13:39 | Vet 40 Male | 18th |
| 94. | 183 | Ann Hewlett | F | Pershore Plum Plodders | 1:13:44 | Vet 50 Female | 12th |
| 95. | 120 | Helen Evans | F | Stourbridge RC | 1:13:55 | Vet 50 Female | 13th |
| 96. | 109 | Paul Bradley | M | Stourbridge RC | 1:14:05 | Vet 60 Male | 6th |
| 97. | 190 | Roland Preece | M | Croft Ambrey RC | 1:14:16 | Vet 50 Male | 19th |
| 98. | 175 | Adam Lawrence | M | | 1:14:20 | Vet 40 Male | 19th |
| 99. | 77 | Karen Mason | F | | 1:14:21 | Vet 60 Female | 3rd |
| 100. | 71 | Charlie Haward | F | CLC Striders | 1:14:40 | Vet 40 Female | 9th |
| 101. | 178 | Stephanie King | F | Croft Ambrey RC | 1:14:55 | Vet 50 Female | 14th |
| 102. | 145 | Amy Whitteron | F | | 1:15:23 | Senior Female | 9th |
| 103. | 89 | Clare Donaldson | F | | 1:16:08 | Vet 40 Female | 10th |
| 104. | 291 | Owen Cooper | M | Builth & District Running Club | 1:16:27 | Vet 70 Male | 2nd |
| 105. | 82 | Nicola Hall | F | Forest of Dean AC | 1:16:51 | Vet 60 Female | 4th |
| 106. | 107 | Caz Kibble | F | Evesham Vale Running Club | 1:16:55 | Vet 50 Female | 15th |
| 107. | 108 | Maria Ryland | F | | 1:17:16 | Vet 40 Female | 11th |
| 108. | 148 | Jane Thomas | F | Malvern Buzzards Running Club | 1:17:25 | Vet 50 Female | 16th |
| 109. | 134 | Lauren Oldaker Charles | F | | 1:17:45 | Senior Female | 10th |
| 110. | 80 | Jacy Dickerson | F | | 1:18:00 | Vet 50 Female | 17th |
| 111. | 81 | Tracey Bentley | F | | 1:18:00 | Vet 50 Female | 18th |
| 112. | 75 | Hollie Stone | F | Almost Athletes | 1:18:16 | Senior Female | 11th |
| 113. | 130 | James Webb | M | | 1:19:43 | Vet 40 Male | 20th |
| 114. | 121 | Nazia Ahmed-White | F | | 1:19:56 | Vet 40 Female | 12th |
| 115. | 186 | Steve Ollis | M | Worcester AC | 1:19:58 | Vet 50 Male | 20th |
| 116. | 97 | James Claydon | M | | 1:20:07 | Senior Male | 23rd |
| 117. | 128 | Lisa Best | F | | 1:20:14 | Vet 40 Female | 13th |
| 118. | 193 | Lucy Rollett | F | Pershore Plum Plodders | 1:20:51 | Vet 40 Female | 14th |
| 119. | 161 | Katie jane Kenward-Gibbs | F | Caerleon running club | 1:21:00 | Senior Female | 12th |
| 120. | 197 | Clare Preece | F | Croft Ambrey RC | 1:21:58 | Vet 50 Female | 19th |
| 121. | 136 | Robin Jasinski | M | Worcestershire Trailblazers | 1:22:15 | Vet 60 Male | 7th |
| 122. | 110 | Robin Cottam | M | | 1:22:56 | Senior Male | 24th |
| 123. | 141 | Yvonne Featherstone | F | | 1:25:29 | Vet 50 Female | 20th |
| 124. | 73 | Tilly Godzisz | F | | 1:25:58 | Senior Female | 13th |
| 125. | 169 | Rachelle Prothero | F | Hereford Couriers | 1:26:19 | Senior Female | 14th |
| 126. | 185 | Andree Davies | F | Rock up and Run | 1:27:23 | Vet 50 Female | 21st |
| 127. | 101 | Chaweewan Hartley | F | Almost Athletes | 1:27:32 | Vet 50 Female | 22nd |
| 128. | 98 | Pauline Bargas | F | Almost Athletes | 1:27:32 | Vet 60 Female | 5th |
| 129. | 192 | Joe Gobbin | M | | 1:28:02 | Vet 50 Male | 21st |
| 130. | 52 | Gavin Beard | M | | 1:31:19 | Vet 40 Male | 21st |
| 131. | 142 | Hannah Sage | F | | 1:36:38 | Vet 40 Female | 15th |
| 132. | 143 | Clare Sage | F | | 1:36:38 | Vet 40 Female | 16th |
| 133. | 153 | Tina Pritchard | F | | 1:36:42 | Vet 40 Female | 17th |
| 134. | 289 | Mark Stojanov | M | Almost Athletes | 1:41:45 | Vet 50 Male | 22nd |

Number of Records: 134

