



Overall Results

Pos.	Bib	Name	Gender	Club	Time	Age Cat	Rank
1.	264	Scott Jones	M		37:26	Male Under 20	1st
2.	261	Luke Mason	M	Hereford Couriers	38:24	Senior Male	1st
3.	227	Todd Wright	M		39:48	Senior Male	2nd
4.	292	David Mixell	M	Ludlow Runners	40:11	Vet 40 Male	1st
5.	211	Neil McNish	M	Hereford Couriers	40:23	Vet 50 Male	1st
6.	41	Shane Jackson	M		41:23	Senior Male	3rd
7.	242	Caine Burge	M		41:44	Senior Male	4th
8.	209	Will Connell	M	Hereford Couriers	42:07	Senior Male	5th
9.	290	Terry O'Brien	M		44:14	Vet 65 Male	1st
10.	143	Paul Cooke	M		44:39	Vet 50 Male	2nd
11.	137	Kieran Merrick	M	Hereford Couriers	44:47	Senior Male	6th
12.	291	Paul Cooke	M	Malvern Buzzards Running Club	45:02	Vet 40 Male	2nd
13.	273	Angus Kirby	M	Ludlow Runners	45:13	Vet 55 Male	1st
14.	255	Aimee Holman	F	Bridgnorth Running Club	45:23	Vet 40 Female	1st
15.	300	Robert Connell	M	Hereford Couriers	45:33	Vet 60 Male	1st
16.	239	Allen Edwards	M	Hereford Couriers	46:13	Senior Male	7th
17.	155	Lisa Yeomans	F	Telford Harriers	46:24	Vet 55 Female	1st
18.	281	Toby Spicer	M	Croft Ambrey RC	46:27	Vet 45 Male	1st
19.	295	Jay Dawson	M	Malvern Buzzards Running Club	46:32	Vet 40 Male	3rd
20.	275	Adam Williamson	M	Ludlow Runners	47:00	Senior Male	8th
21.	278	Helen Carter	F	Builth & District	47:52	Vet 55 Female	2nd
22.	200	Peter Furness	M		48:05	Vet 55 Male	2nd
23.	222	Neil Taylor	M	Croft Ambrey RC	48:21	Vet 65 Male	2nd
24.	283	Vanessa Watts	F	Ludlow Runners	49:00	Vet 50 Female	1st
25.	225	Paul Roberts	M	Ludlow Runners	49:27	Vet 60 Male	2nd
26.	296	Mike Bending	M		50:21	Vet 60 Male	3rd
27.	293	Tom Boog-Scott	M	Ludlow Runners	50:45	Vet 70 Male	1st
28.	288	Kevin Barnes	M	Hereford Couriers	50:49	Vet 60 Male	4th
29.	182	Kirsty Hatcher	F	Vegan Runners UK	50:59	Vet 35 Female	1st
30.	267	Wesley Jones	M		51:57	Vet 40 Male	4th
31.	279	Clive Richardson	M	Ludlow Runners	52:26	Vet 65 Male	3rd
32.	289	Mark Johnson	M	Lone Goat Running Club	52:50	Vet 60 Male	5th
33.	294	Philip Nugent	M		53:18	Senior Male	9th
34.	286	Jon Pilson	M	Cleobury Mortimer Running Club	54:03	Senior Male	10th
35.	297	Sue Purvin	F		54:54	Vet 60 Female	1st
36.	270	Andrew Jackson	M	Ludlow Runners	55:40	Vet 40 Male	5th
37.	266	Inese Robotham	F	Lonely Goat RC	56:15	Vet 50 Female	2nd
38.	271	Tony Stanley	M	Ludlow Runners	56:54	Vet 60 Male	6th
39.	272	Joanne Stanley	F	Ludlow Runners	57:36	Vet 60 Female	2nd
40.	263	Christopher Wayman	M		58:01	Vet 40 Male	6th
41.	277	Samantha Coxshall	F	Presteigne Pacers	58:03	Vet 35 Female	2nd
42.	284	Emily Watts	F	Ludlow Runners	58:09	Female Under 20	1st
43.	215	Alex Austen	M		58:21	Male Under 17	1st





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44.	210	Rob Austen	M		58:38	Vet 40 Male	7th
45.	285	Sally Toyne	F	Ludlow Runners	58:48	Vet 60 Female	3rd
46.	282	Adrian Coffey	M		58:48	Vet 70 Male	2nd
47.	134	Ben Adams	M		59:36	Senior Male	11th
48.	265	Steve Adams	M	Ludlow Runners	59:36	Vet 55 Male	3rd
49.	260	Adam Mitchell-Haywood	M	Hereford Couriers	1:00:04	Vet 40 Male	8th
50.	298	Laura Hands	F	Hereford Couriers	1:00:04	Senior Female	1st
51.	254	Fran Hill	F	Hereford Couriers	1:01:38	Vet 55 Female	3rd
52.	132	Daniel Newton	M	Pont-Y-Pwl & District Runners	1:03:24	Vet 50 Male	3rd
53.	217	Kim Allsopp	F		1:07:00	Vet 45 Female	1st
54.	216	Nicholas Allsopp	M		1:07:00	Vet 55 Male	4th
55.	287	Elly Perks	F		1:07:21	Senior Female	2nd
56.	299	JOY BAKER	F	Ledbury & District Harriers	1:07:38	Vet 50 Female	3rd
57.	197	Dave Hider	M	Wye Valley Runners	1:10:08	Vet 55 Male	5th
58.	253	John Noonan	M	Hereford Couriers	1:12:44	Vet 65 Male	4th
59.	276	Samantha Williamson	F	Ludlow Runners	1:21:56	Vet 35 Female	3rd
60.	274	Gemma Locke	F	Ludlow runners	1:21:57	Vet 35 Female	4th
61.	269	Anne Thorpe	F	Ludlow Runners	1:28:37	Vet 60 Female	4th
62.	268	Ella Wayman	F		1:28:37	Vet 40 Female	2nd

Number of Records: 62

