

# King Charles Coronation Race Day



## 5K Overall Results

Pos.	Bib	Name	Gender	Club	Time	Age Cat	Rank
1.	92	Sam Juson	M	Croft Ambrey RC	17:19	Senior Male	1st
2.	74	Ryan Lawrence	M	Hereford Couriers	17:40	Senior Male	2nd
3.	86	Steve Rooke	M	Ledbury & District Harriers	18:28	Vet 50 Male	1st
4.	90	Sophie Cook	F	Builth & District Running Club	19:41	Vet 40 Female	1st
5.	91	Kate Jones	F	Builth & District Running Club	20:17	Senior Female	1st
6.	82	Haydn O'Reilly	M	Builth & District Running Club	20:43	Vet 40 Male	1st
7.	77	Quisha Cashmore	F	Worcester AC	21:12	Female Under 15	1st
8.	67	Angus Kirby	M	Ludlow Runners	21:59	Vet 55 Male	1st
9.	51	Faye Lewis	F	Hereford Couriers	22:05	Vet 40 Female	2nd
10.	85	Sebastien Nicolas	M	Stourbridge RC	22:20	Vet 45 Male	1st
11.	48	Rachel Bradbury	F	Builth & District Running Club	24:30	Vet 40 Female	3rd
12.	83	Edward Hogan	M	Ledbury & District Harriers	25:04	Vet 45 Male	2nd
13.	73	Celia Escande	F	Hereford Couriers	25:35	Senior Female	2nd
14.	84	Ella Hogan	F	Ledbury & District Harriers	25:46	Vet 45 Female	1st
15.	62	Ethan Jones	M		26:10	Male Under 15	1st
16.	79	Michael Bryant	M	Newent Runners	26:28	Vet 60 Male	1st
17.	63	Isla Jones	F		26:44	Female Under 13	1st
18.	89	Laura Webb	F	Ledbury & District Harriers	26:52	Vet 35 Female	1st
19.	69	Helen Baillie	F	Ludlow Runners	27:31	Vet 50 Female	1st
20.	55	Clare Broome	F	Ludlow Runners	28:52	Vet 45 Female	2nd
21.	75	Eva Lewis	F	Ludlow Runners	28:59	Vet 35 Female	2nd
22.	46	Fran Hill	F		29:12	Vet 55 Female	1st
23.	72	Victoria Band	F	Ledbury & District Harriers	29:25	Vet 45 Female	3rd
24.	71	Avril Hardwick	F	Builth & District Running Club	29:29	Vet 35 Female	3rd
25.	68	Sam Fleming	F	Ludlow Runners	29:32	Vet 45 Female	4th
26.	94	Crispin Marriott	M		30:20	Vet 55 Male	2nd
27.	56	Donna Lewis	F	Ludlow Runners	31:00	Vet 40 Female	4th
28.	64	Molly Vale-Smith	F	Hereford Couriers	31:15	Senior Female	3rd
29.	60	Tim Dugmore	M	Civil Service Sports Association	31:31	Vet 55 Male	3rd
30.	70	Carol Morgan	F		32:16	Vet 55 Female	2nd
31.	80	Megan Cornes	F		32:39	Senior Female	4th
32.	81	Kate Mills	F		32:43	Vet 35 Female	4th
33.	93	Helen Godsall	F		32:46	Vet 50 Female	2nd
34.	54	Clodagh Beddow	F	Ludlow Runners	32:49	Vet 50 Female	3rd
35.	57	Ruth Jones	F	Ludlow Runners	33:22	Vet 50 Female	4th
36.	61	Emma Jones	F		34:44	Vet 40 Female	5th
37.	52	Sue Lewis	F	Ludlow Runners	35:36	Vet 50 Female	5th
38.	88	Jimmy Banks	M		35:49	Male Under 13	1st
39.	87	Alan Banks	M	Hereford Couriers	35:49	Vet 45 Male	3rd
40.	76	Kate Griffiths	F	Ludlow Runners	37:49	Vet 55 Female	3rd
41.	78	Catherine Adams	F	Ludlow Runners	40:00	Vet 55 Female	4th
42.	53	Samantha Angell	F		40:12	Vet 45 Female	5th
43.	49	Alison Stamp	F	Hereford Couriers	40:34	Senior Female	5th
44.	59	Jessica Morris	F	Ludlow Runners	42:05	Senior Female	6th
45.	58	Nicole Sampson	F	Ludlow Runners	42:18	Vet 45 Female	6th



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46.	66	Mel Harrison	F		44:02	Vet 40 Female	6th

Number of Records: 46

