

Herefordshire & Borders Winter Cross Country League 2023/24



Race 4 Female Team Results

Bib	Name	Club	Time
1. Malvern Buzzards Running Club 1 3:22:16,50			
367	Anne Kenchington	Malvern Buzzards Running Club	42:04
384	Sarah Armstrong	Malvern Buzzards Running Club	51:59
375	Margaret Kenchington	Malvern Buzzards Running Club	52:57
368	Barbara Gawlak	Malvern Buzzards Running Club	55:14
2. Croft Ambrey RC 1 3:27:02,51			
73	Hannah Fletcher	Croft Ambrey RC	47:03
123	Amy Perry	Croft Ambrey RC	52:42
69	Bella Evans	Croft Ambrey RC	52:45
97	Kelly Bowen	Croft Ambrey RC	54:30
3. Builth & District 1 3:38:37,64			
37	Joanne Rees	Builth & District	49:43
36	Jenny Farrow	Builth & District	51:13
44	Lisa Boucher	Builth & District	56:19
40	Kate Hepton	Builth & District	1:01:20
4. Croft Ambrey RC 2 3:47:31,61			
105	Mia Davies	Croft Ambrey RC	56:23
93	Jo Marriott	Croft Ambrey RC	56:41
94	Jo Tilby	Croft Ambrey RC	57:04
101	Liza Austin	Croft Ambrey RC	57:22
5. Wye Valley Runners 1 3:52:00,35			
480	Kate Green	Wye Valley Runners	55:58
482	Kath Hardwick	Wye Valley Runners	56:25
477	Julie Knill	Wye Valley Runners	58:18
487	Lorna Shaw	Wye Valley Runners	1:01:17
6. Hereford Couriers RC 1 3:57:38,52			
199	Laura Hands	Hereford Couriers RC	51:21
160	Abi Knight	Hereford Couriers RC	56:03
170	Celia Escande	Hereford Couriers RC	1:03:55
168	Bronwen Tyler-Jones	Hereford Couriers RC	1:06:17
7. Ludlow Runners 1 4:01:58,13			
293	Amy Fulford	Ludlow Runners	50:28
301	Fern Cotterill	Ludlow Runners	51:10
315	Sarah Edwards	Ludlow Runners	1:02:24
314	Sally Toye	Ludlow Runners	1:17:55
8. Maldwyn Harriers 1 4:05:22,33			
358	Hannah Thomas	Maldwyn Harriers	49:48
348	Caroline Orrells	Maldwyn Harriers	1:03:38
360	Rachel Williams	Maldwyn Harriers	1:05:06



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335	Jill Hillman	Maldwyn Harriers	1:06:47
9.	Croft Ambrey RC 3		4:09:13,22
119	Steph Main	Croft Ambrey RC	58:27
115	Sam Harper	Croft Ambrey RC	59:21
79	Flora Gunner	Croft Ambrey RC	1:01:37
67	Anna Bromley	Croft Ambrey RC	1:09:46
10.	Hay Hotfooters 1		4:13:16,09
139	Eleanor Griffiths	Hay Hotfooters	56:06
150	Sharon Collins	Hay Hotfooters	1:03:53
138	Dilek Usta-Aarons	Hay Hotfooters	1:04:17
136	Ali Allen	Hay Hotfooters	1:08:59
11.	Croft Ambrey RC 4		4:51:59,59
83	Gemma Davies	Croft Ambrey RC	1:11:46
86	Hayley Colebatch	Croft Ambrey RC	1:12:25
70	Bronwyn Preece	Croft Ambrey RC	1:13:53
126	Theresa Jones	Croft Ambrey RC	1:13:53

Number of records: 44

