



Overall Results

Pos.	Bib	Name	Gender	Club	Time	Age Cat	Rank
1.	347	Luke Bailey	M	Dudley and Stourbridge Harriers	17:29	Male Under 17	1st
2.	355	Rob Chambers	M	Wye Valley Runners	18:20	Senior Male	1st
3.	387	Stephen Snead	M	Hereford Couriers	18:29	Vet 50 Male	1st
4.	384	Steve Rooke	M	Ledbury & District Harriers	18:43	Vet 55 Male	1st
5.	350	Clifford Berry	M	Ledbury & District Harriers	19:15	Vet 60 Male	1st
6.	351	Philip Bouchier	M		19:25	Senior Male	2nd
7.	368	Laura Hands	F	Hereford couriers	19:29	Senior Female	1st
8.	374	Declan Miller	M	Ludlow Runners	19:31	Senior Male	3rd
9.	394	Fred Tyler	M	Hereford & County AC	19:56	Male Under 15	1st
10.	396	Martin Williams	M	Ledbury & District Harriers	20:02	Vet 40 Male	1st
11.	353	Martin Carter	M	Hereford Couriers	20:24	Vet 55 Male	2nd
12.	381	Haydn O'Reilly	M	Builth & District Running Club	20:41	Vet 45 Male	1st
13.	365	Daniel Francis	M	Wye Valley Runners	20:54	Senior Male	4th
14.	389	Matthew Sullivan	M	Builth & District	21:19	Senior Male	5th
15.	391	Carl Tromans	M		21:22	Senior Male	6th
16.	361	Steve Davies	M		21:29	Vet 50 Male	2nd
17.	379	Craig Mussell-Evans	M		21:43	Vet 40 Male	2nd
18.	360	Mia Davies	F	Croft Ambrey RC	21:49	Senior Female	2nd
19.	397	Luke Williams	M	Hereford Couriers	22:14	Vet 40 Male	3rd
20.	398	Milo Williams	M	Hereford and county athletics	22:14	Male Under 13	1st
21.	370	Angus Kirby	M	Ludlow Runners	22:44	Vet 60 Male	2nd
22.	371	Abi Knight	F	Hereford Couriers	22:44	Senior Female	3rd
23.	354	Talf Carter	M		22:45	Male Under 20	1st
24.	399	Jonathan Ramage-Hill	M		22:46	Senior Male	7th
25.	390	Neil Taylor	M	Croft Ambrey RC	23:02	Vet 65 Male	1st
26.	348	Sharon Bailey	F	Tipton Harriers	23:35	Vet 50 Female	1st
27.	372	Cat Lambourne	F		23:36	Senior Female	4th
28.	392	Jeremy Trumper	M		23:40	Vet 60 Male	3rd
29.	382	Saffi Reid	F	Hereford & County AC	23:51	Female Under 13	1st
30.	367	Doug Griffiths	M		24:30	Vet 55 Male	3rd
31.	369	Peter Hawcroft	M	Bromsgrove and Redditch AC	24:35	Vet 75 Male	1st
32.	364	Celia Escande	F	Hereford Couriers	26:08	Senior Female	5th
33.	377	William Morris	M	Hereford Couriers	26:10	Senior Male	8th
34.	488	Ella Hogan	F	Ledbury & District Harriers	27:20	Vet 45 Female	1st
35.	376	Callum Morris	M	Builth & District	28:00	Male Under 20	2nd
36.	373	Laura Lloyd	F		28:23	Vet 40 Female	1st
37.	356	Charlie Coleman	M	Hereford & County AC	28:29	Male Under 13	2nd
38.	358	Beth Curry	F	Builth & District	28:50	Vet 35 Female	1st
39.	375	Gareth Morris	M	Builth & District	28:51	Vet 55 Male	4th
40.	383	Isabelle Robinson	F	Builth & District	28:51	Senior Female	6th
41.	362	Beth Davies	F		28:52	Vet 35 Female	2nd
42.	385	Sara Roper	F	Wye Valley Runners	29:09	Vet 50 Female	2nd
43.	386	Chris Ruck	M	Hereford Couriers	31:12	Vet 55 Male	5th



Leominster Easter 5K 2024



Overall Results

Pos.	Bib	Name	Gender	Club	Time	Age Cat	Rank
44.	393	Nate Tyler	M		31:31	Male Under 15	2nd
45.	366	Dale G	M		31:36	Vet 40 Male	4th
46.	363	GERAINT DAVIES	M	Hereford Couriers	32:31	Vet 40 Male	5th
47.	380	John Noonan	M	Hereford Couriers	33:31	Vet 65 Male	2nd
48.	346	Dave Ainslie	M	Hereford Couriers	33:56	Vet 60 Male	4th
49.	349	George Bernier	M		33:56	Vet 55 Male	6th
50.	359	Vicky Davies	F		34:48	Vet 40 Female	2nd
51.	378	Sam Moses	F		39:53	Vet 35 Female	3rd

Number of Records: 51

