

Runningmonk Trail Events Clun Valley Half Marathon - 2024



Overall Results

Pos.	Bib	Name	Gender	Club	Time	Age Cat	Rank
1.	46	Will Harding	M	Leighton Buzzard AC	1:42:53	SM	1st
2.	37	Joshua Game	M		1:45:46	SM	2nd
3.	47	Dai Harris	M	Builth & District RC	1:54:13	VetM40	1st
4.	48	Jenny Hartley	F		2:00:41	VetF40	1st
5.	151	iain wheeler	M		2:00:47	VetM45	1st
6.	55	Garry Jones	M	Maldwyn Harriers	2:01:53	VetM50	1st
7.	5	Keith Barrow	M		2:02:38	VetM40	2nd
8.	96	Darren Jarman	M	Maldwyn Harriers	2:03:20	VetM45	2nd
9.	66	Gareth Luscombe	M		2:03:28	VetM45	3rd
10.	87	Chris Preece	M		2:04:58	SM	3rd
11.	19	Ed Bullock	M	Thatchers Tuesday	2:07:31	SM	4th
12.	17	Mark Bramall	M	Runlates	2:07:40	VetM40	3rd
13.	118	Nigel Taylor	M	Croft Ambrey RC	2:08:06	VetM55	1st
14.	33	Jon Dickinson	M		2:08:13	VetM45	4th
15.	54	Charles Jones	M		2:09:10	VetM40	4th
16.	135	Dan Walmsley	M		2:09:12	VetM40	5th
17.	10	Sarah Blackwell	F	Ludlow Runners	2:11:22	VetF40	2nd
18.	73	David Millichap	M	Croft Ambrey RC	2:11:38	VetM55	2nd
19.	16	Jim Brace	M	Shropshire Canicross	2:11:55	VetM50	2nd
20.	43	Peter Grimley	M	Oswestry Olympians	2:14:29	VetM40	6th
21.	117	Helen Stokes	F		2:14:35	VetF40	3rd
22.	12	Jodie Bocking	F		2:14:40	SF	1st
23.	56	Karl Jones	M		2:14:41	VetM45	5th
24.	36	Dunya Fourie	F		2:16:01	VetF40	4th
25.	76	Fred Morris	M		2:16:35	VetM50	3rd
26.	80	Rich Owen	M	Newport District Running Club	2:16:40	VetM45	6th
27.	170	Nick Evans	M		2:20:59	VetM40	7th
28.	173	Freddie Davenport	M		2:22:00	SM	5th
29.	164	Colin Williams	M	Builth & District RC	2:22:21	VetM55	3rd
30.	70	Sam Mayglothing	M	Thatchers Tuesday	2:22:42	SM	6th
31.	38	Francesca Gardiner	F	Croft Ambrey RC	2:22:42	VetF35	1st
32.	30	James Davis	M	Chill running club	2:23:16	VetM40	8th
33.	68	Dave Manuel	M	Maldwyn Harriers	2:23:20	VetM50	4th
34.	63	Reuben Lane	M	Running monk	2:24:07	VetM45	7th
35.	77	Tym Musgrove	M	Ledbury and District Harriers	2:24:31	VetM60	1st
36.	57	Toby Jones	M		2:25:38	SM	7th
37.	88	Henry Preece	M		2:25:38	SM	8th
38.	94	Daniel Richards	M		2:26:18	VetM40	9th
39.	18	David Brewis	M		2:26:22	SM	9th
40.	89	Iain Prentice	M	Wyre Forest Hash Harriers	2:27:50	VetM55	4th
41.	78	James Nicholas	M		2:31:54	SM	10th
42.	82	Laura Perratt	F	Ludlow Runners	2:32:58	SF	2nd
43.	44	Chris Haigh	M		2:34:23	SM	11th



Runningmonk Trail Events Clun Valley Half Marathon - 2024



Overall Results

Pos.	Bib	Name	Gender	Club	Time	Age Cat	Rank
44.	9	Lauren Bjorn	F		2:34:51	VetF35	2nd
45.	85	Jo Plimmer	F		2:35:32	VetF35	3rd
46.	98	Michael Robinson	M		2:35:42	SM	12th
47.	7	Mike Bending	M		2:36:12	VetM60	2nd
48.	58	Jonny Keeley	M		2:36:39	SM	13th
49.	2	Xander Ashwell	M		2:36:39	SM	14th
50.	8	Pete Bevan	M		2:40:23	VetM40	10th
51.	13	Katarzyna Bojanowska	F		2:43:11	VetF40	5th
52.	15	Francesca Bowtell	F		2:43:22	VetF35	4th
53.	14	Candida Bowtell	F		2:43:22	SF	3rd
54.	86	Laura Powell	F		2:43:32	SF	4th
55.	62	Sian Knowles	F	Monty Movers	2:44:14	VetF45	1st
56.	31	Bryony Dean	F	Hereford Couriers	2:44:23	VetF45	2nd
57.	24	Colin Davies	M	Builth & District RC	2:44:32	VetM55	5th
58.	3	Emma Bagshaw	F	Builth & District RC	2:44:33	VetF55	1st
59.	75	Ronan Franklin	M		2:45:27	VetM40	11th
60.	99	Neil Sampson	M	Shropshire Shufflers	2:46:17	VetM60	3rd
61.	29	Helen Davis	F	Chill running club	2:46:39	VetF35	5th
62.	50	Emma Huntley	F	Runna	2:52:12	SF	5th
63.	34	Cathy fletcher	F	Spirit of Monmouth Running Club	2:52:48	VetF50	1st
64.	25	Joanne Davies	F	Shit & Giggles	2:54:13	VetF50	2nd
65.	121	Sandra Trevor	F	Shit & Giggles	2:54:14	VetF55	2nd
66.	65	Debbie Lewis-price	F		2:54:43	VetF40	6th
67.	150	Helen Wheeler	F		2:54:52	VetF45	3rd
68.	71	Catherine McDonnell	F	Vegan Runners	2:54:52	VetF50	3rd
69.	61	Stephanie King	F	Croft Ambrey RC	2:55:16	VetF55	3rd
70.	105	Louise Stevens	F	Wrekin Road Runners	2:56:56	VetF45	4th
71.	6	Holly Beaumont	F		2:59:40	VetF35	6th
72.	42	Clare Griffiths	F		3:07:12	VetF40	7th
73.	45	Victoria Harding	F		3:07:12	VetF40	8th
74.	136	John Weatherbed	M	Lliswerry Runners	3:08:17	VetM65	1st
75.	100	Sarah Skuse	F	Lliswerry Runners	3:08:29	VetF45	5th
76.	124	Tim Wain-Hobson	M	Croft Ambrey RC	3:08:38	VetM70	1st
77.	59	Nicola Kelly	F	Builth & District RC	3:09:04	VetF50	4th
78.	91	Amy Purvin	F	Croft Ambrey RC	3:09:54	SF	6th
79.	92	Sue Purvin	F	Croft Ambrey RC	3:09:55	VetF60	1st
80.	40	Andy Goode	M		3:10:15	VetM45	8th
81.	67	John Lyden	M		3:13:38	VetM60	4th
82.	11	Adam Craigie	M		3:14:10	SM	15th
83.	51	Becky James	F		3:15:17	VetF35	7th
84.	41	Elodie Grant	F		3:18:23	SF	7th
85.	4	Kathy Baker	F	Physique	3:18:35	VetF50	5th
86.	23	Mandy Cooke	F		3:19:10	VetF50	6th



Runningmonk Trail Events Clun Valley Half Marathon - 2024



Overall Results

Pos.	Bib	Name	Gender	Club	Time	Age Cat	Rank
87.	49	Tracey Hughes	F		3:19:10	VetF55	4th
88.	27	Sharon Davies	F		3:19:11		1st
89.	81	Ellis Paul	M	Lonely Goat	3:19:49	VetM55	6th
90.	20	Stephen Bunn	M	Physique	3:27:58	VetM55	7th
91.	83	Ann Perry	F		3:32:13	VetF40	9th
92.	1	Amy Aldridge	F	Mercia	3:32:13	VetF45	6th
93.	74	Hayley Millichap	F	Croft Ambrey RC	3:32:48	VetF50	7th
94.	39	Sarah Gill	F	Whitchurch Whippets	3:36:03	VetF50	8th
95.	64	Fiona Leatham	F	Whitchurch Whippets	3:36:03	VetF50	9th
96.	97	Sue Roberts	F	Clun Valley Caterpillars	3:46:48	VetF55	5th
97.	35	Penny Fletcher	F	Clun Valley Caterpillars	3:46:51	VetF55	6th
98.	21	Alastair Carmichael	M		4:04:46	VetM50	5th
99.	52	Nikki Jarman	F	Maldwyn Harriers	4:14:39	VetF45	7th
100.	22	Karen Clayton	F	Lonely Goat	4:14:39	VetF55	7th
101.	69	Jan Manuel	F	Maldwyn Harriers	4:36:02	VetF55	8th

Number of Records: 101

