



Overall Results

Pos.	Bib	Name	Gender	Club	Time	Age Cat	Age Cat Rank
1	79	Robin Woods	M	Builth & District Running Club	36:29	Vet 45 Male	1st
2	71	Dave Wilding	M		41:11	Vet 40 Male	1st
3	1	Eric Apperley	M	Croft Ambrey RC	42:38	Senior Male	1st
4	27	Adrian Jeremiah	M		42:40	Vet 50 Male	1st
5	35	Huw Lewis	M	Builth & District Running Club	42:42	Vet 45 Male	2nd
6	29	James Jones	M	Builth & District Running Club	43:15	Senior Male	2nd
7	40	Lewis Price	M	Builth & District Running Club	43:40	Senior Male	3rd
8	77	Chris Burton	M	Builth & District Running Club	44:06	Senior Male	4th
9	68	Joseph Lynch	M	Croft Ambrey RC	44:28	Senior Male	5th
10	9	Martin Carter	M	Hereford Couriers	44:31	Vet 55 Male	1st
11	60	Matthew Sullivan	M	Builth & District Running Club	45:46	Senior Male	6th
12	64	Gwern ap Rhobat	M		46:43	Senior Male	7th
13	61	Geraint Parry	M		46:53	Senior Male	8th
14	78	Peter Haigh	M	Builth & District Running Club	47:33	Vet 40 Male	2nd
15	26	Daniel Hunter	M		47:48	Senior Male	9th
16	52	Gareth Thomas	M	Builth & District Running Club	48:04	Senior Male	10th
17	46	Lee Shackleton	M	Hereford Couriers	48:07	Vet 55 Male	2nd
18	44	Matthew Samuel	M	Builth & District Running Club	48:28	Senior Male	11th
19	69	Edward Davies	M	Maldwyn Harriers	48:36	Vet 65 Male	1st
20	20	Ali Hardaway	M	Builth & District Running Club	49:33	Vet 55 Male	3rd
21	82	Ben Gaskell	M	Builth & District Running Club	50:18	Senior Male	12th
22	74	Marc Dowse	M	Builth & District Running Club	50:31	Senior Male	13th
23	41	Robert Price	M	Builth & District Running Club	50:32	Vet 50 Male	2nd
24	7	Daniel Bufton	M	Builth & District Running Club	50:51	Senior Male	14th
25	13	Billy Daniels	M	Pontyclun Road Runners	50:58	Vet 65 Male	2nd
26	50	Toby Spicer	M	Croft Ambrey RC	51:03	Vet 45 Male	3rd
27	59	Benjamin Hockridge	M	Fry Club Joggers	51:12	Senior Male	15th
28	45	Rob Saunders	M	Builth & District Running Club	51:23	Vet 40 Male	3rd
29	17	Jenny Farrow	F	Builth & District Running Club	51:46	Vet 45 Female	1st
30	8	Helen Carter	F	Builth & District Running Club	51:48	Vet 55 Female	1st
31	25	Ollie Hughes	M		52:13	Senior Male	16th
32	72	Carl Draney	M		52:27	Vet 45 Male	4th
33	14	Raymond Davies	M	Builth & District Running Club	52:47	Vet 40 Male	4th
34	18	Malc Gonnella	M		52:53	Vet 65 Male	3rd
35	56	Gary Watts	M	Builth & District Running Club	53:01	Vet 60 Male	1st
36	42	Isabelle Robinson	F	Builth & District Running Club	53:22	Senior Female	1st
37	53	Gavin Thomas	M	Builth & District Running Club	53:35	Vet 45 Male	5th
38	76	Lee Jarvis	M	Builth & District Running Club	53:41	Vet 45 Male	6th
39	81	Catrin Gaskell	F	Builth & District Running Club	54:04	Senior Female	2nd
40	73	Christine Dowse	F	Builth & District Running Club	54:20	Senior Female	3rd
41	65	Gunvor Troelsen	F	Builth & District Running Club	56:07	Vet 55 Female	2nd
42	47	Robert Sharratt	M	CARDIGAN RUNNING CLUB	56:27	Vet 65 Male	4th
43	34	Mark Leek	M		56:31	Vet 55 Male	4th





Overall Results

Pos.	Bib	Name	Gender	Club	Time	Age Cat	Age Cat Rank
44	11	Beth Curry	F	Builth & District Running Club	57:58	Vet 35 Female	1st
45	6	Alexander Brown	M	Builth & District Running Club	58:20	Vet 55 Male	5th
46	63	Stuart Jones	M		59:52	Senior Male	17th
47	19	Melanie Graham	F	Builth & District Running Club	59:56	Vet 60 Female	1st
48	62	Eleri Gregory-Parry	F		1:02:05	Senior Female	4th
49	83	Desirre Abreu	F	Rhayader RC	1:02:05	Vet 40 Female	1st
50	32	Suzanne Kendrick	F	Rhayader RC	1:02:33	Vet 60 Female	2nd
51	84	Shaun Davies	M		1:04:02	Senior Male	18th
52	15	Kris Denholm	M	Ogmore Phoenix Runners	1:04:20	Vet 55 Male	6th
53	5	Alan Bridson	M	Builth & District Running Club	1:04:38	Vet 40 Male	5th
54	22	Tina Harrison	F	Builth & District Running Club	1:05:31	Vet 55 Female	3rd
55	85	Huw Williams	M	Croft Ambrey RC	1:06:18	Vet 60 Male	2nd
56	66	Molly Payton	F		1:06:42	Vet 35 Female	2nd
57	54	Chris Thomas	F	Builth & District Running Club	1:07:27	Vet 65 Female	1st
58	75	Andrew Jones	M	Builth & District Running Club	1:07:45	Vet 55 Male	7th
59	30	Matthew Jones	M	Builth & District Running Club	1:07:45	Vet 40 Male	6th
60	24	Keith Helliwell	M	Builth & District Running Club	1:07:51	Vet 45 Male	7th
61	3	Jude Boutle	F	Rhayader RC	1:08:44	Vet 60 Female	3rd
62	48	Raymond Sharratt	M	Rhayader RC	1:09:41	Vet 80 Male	1st
63	37	Steve Mcgrath	M		1:09:52	Vet 50 Male	3rd
64	43	Amelia Rollinson	F	Builth & District Running Club	1:10:07	Senior Female	5th
65	67	Laura Price Davies	F		1:10:11	Vet 40 Female	2nd
66	16	Gemma Edwards	F	Builth & District Running Club	1:11:08	Senior Female	6th
67	58	Samantha Evans	F	Builth & District Running Club	1:11:46	Vet 40 Female	3rd
68	21	Margaret Harris	F	Builth & District Running Club	1:12:28	Vet 60 Female	4th
69	39	Stephanie Morgan	F	Builth & District Running Club	1:12:28	Vet 65 Female	2nd
70	70	Paul Hammonds	M	Builth & District Running Club	1:12:40	Vet 55 Male	8th
71	36	Helen McCarthy	F	Builth & District Running Club	1:13:22	Vet 60 Female	5th
72	23	Emily Hartles	F	Builth & District Running Club	1:14:11	Senior Female	7th
73	80	Joe Lydon	M		1:14:11	Senior Male	19th
74	51	Emily Thomas	F	Builth & District Running Club	1:15:11	Senior Female	8th
75	2	Hazel Aulsebrook	F	Builth & District Running Club	1:20:41	Vet 55 Female	4th
76	57	Emily Bujok	F	Builth & District Running Club	1:20:41	Vet 35 Female	3rd

Number of Records: 76

