

Herefordshire Summer Cross Country 2023



Team Results - Race 2

Bib	Name	Time	Age Cat
1st	Ludlow Runners 1		2:45:27,00
131	Oliver Perratt	22:56	Senior Male
133	Matthew Yapp	24:27	Senior Male
129	Alex Logan	25:58	Vet 40 Male
113	Claire Thomas	29:11	Vet 40 Female
115	Eilish Gilbert	31:02	Senior Female
111	Amy Fulford	31:53	Vet 45 Female
2nd	Croft Ambrey RC 1		2:49:03,00
375	Eric Apperley	23:34	Senior Male
369	Sam Juson	24:44	Senior Male
382	Gareth Leek	24:50	Senior Male
393	Hannah Fletcher	30:17	Vet 35 Female
340	Kelly Bowen	32:44	Vet 35 Female
352	Mia Davies	32:54	Senior Female
3rd	Builth & District 1		2:56:08,00
223	Robin Woods	24:15	Vet 45 Male
188	Wyndham Turner	24:20	Senior Male
187	Tom Turner	27:13	Vet 35 Male
207	Mel Sadie	32:57	Senior Female
174	Joanne Rees	33:32	Vet 45 Female
230	Lisa Boucher	33:51	Vet 35 Female
4th	MonRoss Trailblazers 1		3:00:04,00
81	Gavin Jones	26:06	Senior Male
74	Rob Nichols	26:58	Vet 35 Male
70	Grant White	29:49	Senior Male
86	Laura Lelievre	30:50	Senior Female
84	Emily Harrison	32:38	Vet 35 Female
72	Vanessa Ball	33:43	Vet 35 Female
5th	Hereford Couriers RC 1		3:00:25,00
56	William Morris	26:00	Senior Male
47	Ryan Lawrence	26:29	Senior Male
55	Will Maul	26:44	Senior Male
35	Lucy Jarvis	33:15	Senior Female
12	Clare Mallender	33:35	Vet 45 Female
3	Becky Eversham	34:22	Vet 40 Female
6th	Hereford Couriers RC 2		3:09:02,00
20	Harry Woodhouse	27:21	Senior Male
61	Scott Kennedy	27:51	Vet 45 Male
39	Martin Lloyd	28:52	Vet 45 Male
1	Abi Knight	34:24	Senior Female
2	Amy Smith	34:49	Vet 40 Female



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Bib	Name	Time	Age Cat
13	Clare Evans	35:45	Senior Female
7th	Malvern Buzzards Running Club 1	3:09:30,00	
237	Michael Dymond	26:05	Senior Male
250	Richard Walsh	26:18	Vet 35 Male
251	Neil Warne	28:37	Vet 40 Male
234	Sarah Armstrong	34:55	Vet 55 Female
242	Barbara Gawlak	35:34	Vet 35 Female
235	Julie Caseley	38:01	Vet 60 Female
8th	Croft Ambrey RC 2	3:11:00,00	
380	Grant Womack	28:47	Vet 40 Male
361	Joseph Lynch	28:49	Senior Male
359	Steve Partridge	29:29	Vet 40 Male
346	Joanne Tilby	33:34	Vet 40 Female
347	Jo Marriott	34:37	Vet 55 Female
385	Ireland Lawrence	35:44	Senior Female
9th	Wye Valley Runners 1	3:11:45,00	
273	Jeremy Jehan	28:17	Vet 50 Male
274	David Klotz	29:37	Vet 40 Male
284	Louis O'Regan	31:18	Senior Male
278	Amelia Louth	33:50	Senior Female
270	Katherine Hardwick	34:18	Vet 40 Female
268	Kate Green	34:25	Vet 55 Female
10th	Builth & District 2	3:12:17,00	
200	Huw Lewis	27:35	Vet 45 Male
232	Stephen Hambridge	29:39	Vet 40 Male
209	Matthew Sullivan	30:39	Senior Male
178	Isabelle Robinson	34:06	Senior Female
220	Kirsty Prosser	34:31	Senior Female
198	Celia Speake	35:47	Vet 55 Female
11th	Hereford Couriers RC 3	3:18:10,00	
23	James Davies	29:14	Vet 40 Male
14	Daniel Spear	29:39	Vet 35 Male
36	Luke Williams	30:21	Vet 40 Male
10	Christina Pinto-Pearson	35:51	Vet 40 Female
58	Sarah Askey	36:15	Vet 55 Female
19	Emma Price	36:50	Senior Female
12th	Forest of Dean AC 1	3:22:00,00	
306	Dan Sandford	28:27	Vet 45 Male
305	Rhys Asbridge	30:01	Vet 35 Male
310	Scott Berry	30:59	Vet 45 Male
434	Amy Freeman	32:07	Vet 35 Female



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Bib	Name	Time	Age Cat
317	Sarah Bucknall	38:20	Vet 45 Female
433	Mel Ruck	42:06	Vet 50 Female
13th	Hereford Triathlon Club 1	3:23:32,00	
144	Peter Koval	27:32	Vet 35 Male
149	Matt Ansfield	28:53	Vet 50 Male
143	Andy Taylor	29:45	Vet 50 Male
167	Deanna Mammatt	37:35	Vet 45 Female
168	Jenny Papworth	37:46	Vet 50 Female
163	Liz Davies Ward	42:01	Vet 60 Female
14th	Ludlow Runners 2	3:25:10,00	
132	Declan Miller	28:09	Senior Male
121	Adrian Pickles	33:16	Vet 65 Male
124	Angus Kirby	33:21	Vet 55 Male
114	Laura Perratt	35:37	Senior Female
117	Jemma Radmore	36:11	Female Under 20
110	Sarah Edwards	38:36	Vet 50 Female
15th	Wye Valley Runners 2	3:25:34,00	
301	Lea Wood	31:19	Vet 35 Male
267	Daniel Francis	32:42	Senior Male
439	Tony Champken	34:52	Vet 65 Male
257	Lynne Compton	35:17	Vet 55 Female
256	Rebecca Ansfield	35:21	Vet 45 Female
286	Lorna Shaw	36:03	Vet 60 Female
16th	Croft Ambrey RC 3	3:25:35,00	
384	George Thomas	30:31	Vet 35 Male
387	Lee Monks	32:46	Vet 35 Male
348	Paul Parker	32:47	Vet 50 Male
353	Thea Preece	35:51	Senior Female
342	Bronwyn Preece	36:39	Senior Female
349	Liza Austin	37:01	Vet 55 Female
17th	Builth & District 3	3:28:29,00	
203	Gareth Price	30:55	Vet 40 Male
214	Gareth Thomas	31:49	Vet 35 Male
218	Paul Walby	32:08	Vet 45 Male
179	Abbie Davies	35:49	Senior Female
190	Emma Bagshaw	38:33	Vet 50 Female
206	Judy Baird-Murray	39:15	Vet 55 Female
18th	Hereford Couriers RC 4	3:32:35,00	
38	Martin Carter	30:29	Vet 55 Male
59	Neil McNish	30:44	Vet 50 Male
66	Allen Edwards	31:23	Senior Male



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29	Kimberley Langford	37:44	Senior Female
65	Samantha Higgins	39:29	Vet 45 Female
34	Lauren Pullen	42:46	Female Under 20
19th	Croft Ambrey RC 4		3:42:36,00
358	Dave Millichap	33:35	Vet 50 Male
365	Howard Verran	34:37	Vet 45 Male
350	Tim Jones	35:20	Vet 55 Male
440	Suzanne Purvin	39:33	Vet 60 Female
397	Sonia George	39:33	Vet 45 Female
373	Steph Main	39:58	Vet 50 Female
20th	Builth & District 4		3:44:02,00
186	Gareth Wood	33:07	Senior Male
185	Ali Hardaway	33:19	Vet 55 Male
227	Ben Gaskell	33:37	Vet 35 Male
219	Margaret Trainor	40:28	Vet 45 Female
181	Izzy Watts	41:28	Vet 45 Female
180	Christine Thomas	42:03	Vet 65 Female
21st	Wye Valley Runners 3		3:47:17,00
303	Sean House	36:39	Senior Male
282	Paddy Nugent	37:00	Vet 60 Male
288	Michael Smallwood	37:25	Vet 55 Male
275	Julie Knill	37:41	Vet 55 Female
263	Jo Ellis	38:28	Vet 40 Female
266	Louisa Foti	40:04	Vet 45 Female
22nd	Builth & District 5		3:59:17,00
231	Colin Williams	33:53	Vet 55 Male
194	Christian Prynne	35:28	Vet 50 Male
197	Malc Gonnella	37:48	Vet 65 Male
177	Tina Harrison	42:14	Vet 55 Female
182	Olivia Hancock	44:15	Senior Female
208	Avril Hardwick	45:39	Vet 35 Female
23rd	Hay Hotfooters 1		3:59:31,00
402	Peter Summers	30:41	Vet 35 Male
409	Sharon Collins	38:18	Vet 55 Female
407	Kevin Dunster	38:58	Vet 60 Male
401	Rachel Jones	39:29	Vet 50 Female
400	Tina Lavelle	45:29	Vet 65 Female
406	Alan Nicholls	46:36	Vet 70 Male
24th	Wye Valley Runners 4		4:00:38,00
283	Temi Odurinde	38:03	Vet 60 Male
292	Gordon Truluck	39:33	Vet 65 Male



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Bib	Name	Time	Age Cat
298	Emma Harris	40:14	Vet 40 Female
294	James Webb	40:39	Vet 40 Male
428	Katie Francis	41:04	Senior Female
285	Kate Phipps	41:05	Senior Female
25th	Croft Ambrey RC 5		4:09:33,00
378	Gary Gunner	39:27	Vet 75 Male
383	Oli Cameron-Swan	40:22	Vet 45 Male
341	Huw Williams	40:26	Vet 60 Male
368	Stephanie King	40:39	Vet 55 Female
362	Sue Wood	44:12	Vet 65 Female
377	Gemma Davies	44:27	Vet 40 Female
26th	Ludlow Runners 3		4:11:43,00
130	Thomas Powell	35:43	Vet 35 Male
120	Clive Richardson	37:23	Vet 65 Male
122	Paul Roberts	37:29	Vet 60 Male
136	Sally Toye	43:03	Vet 60 Female
108	Joanne Stanley	45:39	Vet 60 Female
105	Sybil Marsh	52:26	Vet 75 Female
27th	Wye Valley Runners 5		4:18:34,00
291	Hannah Thomas	41:24	Vet 45 Female
302	Ashley Davies	41:32	Vet 35 Male
438	Sian Champken	42:48	Vet 50 Female
295	Julie Whitehouse	42:55	Vet 50 Female
258	Richard Connelly	43:40	Vet 50 Male
299	Nick Paviour	46:15	Senior Male
28th	Croft Ambrey RC 6		4:33:14,00
398	Roland Preece	40:38	Vet 55 Male
360	Theresa Jones	44:42	Vet 50 Female
357	Clare Preece	44:49	Vet 50 Female
399	Frank Luscott	45:40	Vet 65 Male
396	Louise Reeves	46:44	Vet 45 Female
345	Tom Davies	50:41	Vet 70 Male

Number of Records: 168

