



Team Results

Bib	Name	Time	Age Category
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Female

1.	Hereford Couriers 1		3:47:30,00
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121	Joanna Eddy	1:11:09	Vet 45 Female
178	Faye Lewis	1:17:57	Vet 40 Female
168	Abi Knight	1:18:24	Senior Female

2.	Malvern Buzzards Running Club 1		4:01:04,00
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133	Barbara Gawlak	1:17:39	Vet 35 Female
170	Karen Lacey	1:18:59	Vet 50 Female
377	Sarah Thomas	1:24:26	Vet 40 Female

3.	Hereford Couriers 2		4:14:30,00
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173	Kimberley Langford	1:18:32	Senior Female
362	Avril Seftel	1:24:12	Vet 50 Female
262	Anne Pengelly	1:31:46	Vet 50 Female

4.	Croft Ambrey RC 1		4:14:38,00
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111	Mia Davies	1:18:22	Senior Female
183	Steph Main	1:26:57	Vet 50 Female
340	Bronwyn Preece	1:29:19	Senior Female

5.	Malvern Buzzards Running Club 2		4:39:07,00
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100	Julie Caseley	1:28:06	Vet 60 Female
370	Elizabeth Slack	1:33:10	Vet 65 Female
382	Sarah Turner	1:37:51	Senior Female

6.	Croft Ambrey RC 2		4:51:41,00
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336	Louise Phillips	1:34:16	Vet 50 Female
346	Sue Purvin	1:37:39	Vet 60 Female
105	Hayley Colebatch	1:39:46	Vet 35 Female

7.	Lonely Goat RC 1		5:04:16,00
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352	Inese Robotham	1:38:20	Vet 50 Female
112	Debbie Davies	1:38:58	Vet 45 Female
122	Eleri Edwards	1:46:58	Vet 40 Female





Team Results

Bib	Name	Time	Age Category
Male			
1. Malvern Buzzards Running Club 1 2:57:12,00			
174	Dave Lawrence	56:53	Vet 40 Male
397	Adam Wilson	58:22	Vet 50 Male
387	Richard Walsh	1:01:57	Vet 40 Male
2. Croft Ambrey RC 1 3:02:38,00			
162	Sam Juson	55:08	Senior Male
177	Gareth Leek	58:22	Senior Male
181	Joseph Lynch	1:09:08	Senior Male
3. Malvern Buzzards Running Club 2 3:10:09,00			
124	Lewis Faulkner	1:02:14	Vet 45 Male
127	Shane Jackson	1:02:21	Senior Male
388	Neil Warne	1:05:34	Vet 40 Male
4. Hereford Couriers 1 3:10:19,00			
185	Luke Mason	1:02:26	Senior Male
398	Harry Woodhouse	1:02:34	Senior Male
384	Ieuan Vale-Smith	1:05:19	Senior Male
5. Hereford Couriers 2 3:20:03,00			
188	Kieran Merrick	1:06:35	Senior Male
180	martin lloyd	1:06:37	Vet 45 Male
145	Nigel Hawkes	1:06:51	Senior Male
6. Hereford Couriers 3 3:29:06,00			
92	Martin Carter	1:07:43	Vet 55 Male
395	Luke Williams	1:10:18	Vet 40 Male
103	Christopher Cleary	1:11:05	Senior Male
7. Malvern Buzzards Running Club 3 3:29:26,00			
126	Simeon Foreman	1:05:55	Vet 45 Male
372	Alan Southwick	1:07:16	Vet 45 Male
120	Adam Dyson	1:16:15	Vet 40 Male
8. Ledbury & District Harriers 1 3:37:26,00			
356	Steve Rooke	1:04:28	Vet 55 Male
487	Martin Williams	1:12:39	Vet 40 Male
153	Edward Hogan	1:20:19	Vet 45 Male
9. Wye Valley Runners 1 3:43:42,00			
102	Rob Chambers	1:07:36	Senior Male
187	Josh McMahon	1:16:29	Senior Male





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134	Robert Gilligan	1:19:37	Vet 55 Male
10. Hereford Couriers 4			4:03:42,00
259	Phil Parry	1:18:30	Vet 40 Male
141	David Green	1:22:20	Vet 55 Male
197	James O'Brien	1:22:52	Vet 45 Male
11. Malvern Buzzards Running Club 4			4:13:03,00
128	Laurence Fowkes	1:22:16	Vet 50 Male
198	Wesley Ogden	1:23:20	Vet 55 Male
338	Robert Plant	1:27:27	Senior Male
12. Hereford Couriers 5			4:22:39,00
186	Christian Mason	1:26:15	Senior Male
358	Alan Rowlands	1:26:34	Vet 45 Male
280	STEVEN PENGELLY	1:29:50	Vet 50 Male
13. Croft Ambrey RC 2			4:27:32,00
341	Craig Price	1:24:38	Vet 40 Male
342	Ian Price	1:28:46	Vet 75 Male
394	Huw Williams	1:34:08	Vet 60 Male

