Overall Results



Pos.	Bib	Name	Gender	Club	Time	Age Cat	Rank
1.	114	Matthew Yapp	М	Croft Ambrey RC	42:08	Senior Male	1st
2.	32	Wyndham Turner	М		42:56	Senior Male	2nd
3.	44	Gareth Leek	М	Croft Ambrey RC	43:50	Senior Male	3rd
4.	137	Aidan Yapp	M	Croft Ambrey RC	45:20	Male Under 20	1st
5.	68	Rob Bowery	М	Black Pear Joggers	47:22	Vet 45 Male	1st
6.	133	Luke Mason	M	Hereford Couriers	47:32	Senior Male	4th
7.	67	Todd Wright	М		47:49	Senior Male	5th
8.	116	Simon Norwood	M	Croft Ambrey	49:06	Vet 50 Male	1st
9.	141	Jeremy Jehan	M	Wye Valley Runners	49:18	Vet 45 Male	2nd
10.	142	Stefan Sternuopf	M	Worcester AC	49:35	Vet 55 Male	1st
11.	37	Jonathan Phillips	М	Black Pear Joggers	50:13	Senior Male	6th
12.	39	Sam Juson	M	Croft Ambrey RC	50:37	Senior Male	7th
13.	122	Mike Fawcett	M		51:32	Vet 55 Male	2nd
14.	140	Nick Hitchings	M	Worcester AC	51:43	Vet 50 Male	2nd
15.	1	Neil Grinnell	M	Ledbury & District Harriers	52:01	Vet 45 Male	3rd
16.	111	Rhys Davies	M	Builth & District	52:12	Senior Male	8th
17.	112	David George	M	Croft Ambrey RC	52:38	Vet 50 Male	3rd
18.	127	Hannah Fletcher	F	Croft Ambrey RC	52:46	Vet 35 Female	1st
19.	16	Adam Knights	M	Black Pear Joggers	52:55	Senior Male	9th
20.	113	Michael Reynolds	M	Solihull & Small Heath Athletic	53:07	Vet 55 Male	3rd
21.	109	Danny Staines	M		53:22	Senior Male	10th
22.	65	David Archer	M		53:22	Vet 45 Male	4th
23.	42	Jasper Robinson	M	Croft Ambrey RC	54:20	Senior Male	11th
24.	18	Mark Steven	M	Forest of Dean AC	54:24	Vet 50 Male	4th
25.	15	Martin Carter	M	Hereford Couriers	54:28	Vet 55 Male	4th
26.	72	Alastair Macnaughton	М		55:18	Senior Male	12th
27.	134	Neil Powell	M	Croft Ambrey RC	55:20	Vet 50 Male	5th
28.	124	Steve Partridge	М	Croft Ambrey RC	55:40	Vet 40 Male	1st
29.	47	David Brick	M		56:15	Senior Male	13th
30.	121	Jonathan Davey	М	Hereford Couriers	56:44	Vet 55 Male	5th
31.	97	Frank Atherton	M	Fell Running Association	57:02	Vet 55 Male	6th
32.	17	Martin Thomas	М		57:42	Vet 50 Male	6th
33.	104	Daniel Grater	М		57:54	Senior Male	14th
34.	108	Matthew Woodyatt	М	Cocks Moors Woods	57:58	Senior Male	15th
35.	99	Emma Jones	F	Croft Ambrey RC	58:03	Vet 45 Female	1st
36.	92	Mia Davies	F	Croft Ambrey RC	58:13	Senior Female	1st
37.	136	Becki Ansfield	F	Wye Valley Runners	58:23	Vet 45 Female	2nd
38.	130	lain Prentice	М	Ludlow Runners	58:27	Vet 55 Male	7th
39.	43	Nic Dauncey	M	Black Pear Joggers	59:08	Vet 50 Male	7th
40.	83	Glenn Davies	М	Malvern Joggers	59:10	Vet 40 Male	2nd
41.	95	Thea Preece	F	Croft Ambrey RC	59:14	Senior Female	2nd
42.	106	Steve Herington	М	Hereford Couriers	59:22	Vet 70 Male	1st
43.	58	Stuart Jarvis	M		59:52	Vet 40 Male	3rd
44.	96	Neil Taylor	М	Croft Ambrey RC	59:58	Vet 65 Male	1st
45.	101	Nick Yarworth	М	Malvern Joggers	59:59	Vet 60 Male	1st



Overall Results



Pos.	Bib	Name	Gender	Club	Time	Age Cat	Rank
46.	100	Greg Jones	М	Croft Ambrey RC	1:00:02	Vet 50 Male	8th
47.	81	Daniel Brazier	M		1:00:14	Senior Male	16th
48.	135	Rob Jones	M	Black Pear Joggers	1:00:36	Senior Male	17th
49.	61	Stuart Hendren	M	Wrye Forest Hash	1:00:42	Vet 40 Male	4th
50.	89	Roland Preece	M	Croft Ambrey RC	1:00:43	Vet 55 Male	8th
51.	25	Lucy Cambridge	F	Erme Valley Harriers	1:00:56	Vet 50 Female	1st
52.	143	John Woodward	M		1:01:08	Senior Male	18th
53.	138	David Rouse	M	Croft Ambrey RC	1:01:23	Vet 40 Male	5th
54.	38	Dale Bozward	M	Black Pear Joggers	1:01:23	Senior Male	19th
55.	5	Kate Green	F	Ledbury & District Harriers	1:01:25	Vet 55 Female	1st
56.	98	Sarah Askey	F	Hereford Couriers	1:01:28	Vet 55 Female	2nd
57.	2	Duncan Cresswell	M	Newent Runners	1:01:28	Vet 40 Male	6th
58.	54	Jo Marriott	F	Croft Ambrey RC	1:01:38	Vet 50 Female	2nd
59.	14	Steve Roode	M	Lonely Goat	1:01:40	Vet 55 Male	9th
60.	40	Alison Walker	F	Black Pear Joggers	1:01:51	Senior Female	3rd
61.	77	Joanne Tilby	F	Croft Ambrey RC	1:02:14	Vet 40 Female	1st
62.	131	Emma Stewardson	F	Ludlow Runners	1:03:01	Vet 40 Female	2nd
63.	35	Stuart Wakelam	M	Black Pear Joggers	1:03:06	Vet 60 Male	2nd
64.	78	Brent Lowson	M	Wye Valley Runners	1:03:09	Vet 60 Male	3rd
65.	145	Ifan Jones	M	Maldwyn Harriers	1:03:31	Vet 55 Male	10th
66.	22	Lee Monks	M	Croft Ambrey RC	1:03:50	Senior Male	20th
67.	80	Guy Jenkins	M	Hereford Couriers	1:03:59	Vet 60 Male	4th
68.	33	Jane Hayde	F		1:04:07	Vet 35 Female	2nd
69.	41	Ashley Robinson	M	Croft Ambrey RC	1:04:20	Vet 70 Male	2nd
70.	63	Peter Cartwright	M	Ludlow Runners	1:04:25	Vet 65 Male	2nd
71.	144	David Moss	M	Croft Ambrey RC	1:04:59	Vet 50 Male	9th
72.	107	Mike Woodyatt	M	Cocks Moors Woods	1:05:09	Vet 60 Male	5th
73.	56	Mark Leek	M		1:05:11	Vet 55 Male	11th
74.	79	Rachel Bradbury	F	Builth & District	1:05:13	Vet 40 Female	3rd
75.	139	Alison Hitchings	F	Black Pear Joggers	1:05:18	Vet 45 Female	3rd
76.	87	Stephanie Main	F	Croft Ambrey RC	1:05:33	Vet 50 Female	3rd
77.	76	Victoria Woodhall	F	Hereford Couriers	1:05:37	Vet 45 Female	4th
78.	82	Howard Verran	M	Croft Ambrey RC	1:06:04	Vet 45 Male	5th
79.	62	Craig Price	M		1:06:04	Vet 40 Male	7th
80.	27	Helen Roberts	F		1:06:12	Vet 35 Female	3rd
81.	70	Samantha Harper	F	Croft Ambrey RC	1:06:16	Vet 45 Female	5th
82.	71	Flora Gunner	F	Croft Ambrey RC	1:07:08	Vet 55 Female	3rd
83.	128	Oliver	M	Croft Ambrey RC	1:07:25	Vet 45 Male	6th
84.	46	Kevin Barnes	M	Hereford Couriers	1:07:25	Vet 55 Male	12th
85.	103	lan Walwyn	M	Black Pear Joggers	1:07:45	Vet 65 Male	3rd
86.	93	Katie Gromski	F	Black Pear Joggers	1:08:07	Vet 40 Female	4th
87.	49	Nikki Tyler	F	Hereford Couriers	1:08:33	Vet 50 Female	4th
88.	94	Alex Gromski	M		1:08:35	Vet 40 Male	8th
89.	75	Rob Wood	M	Croft Ambrey RC	1:08:39	Vet 65 Male	4th
90.	86	Gary Gunner	M	Croft Ambrey RC	1:09:04	Vet 75 Male	1st



Overall Results



Pos.	Bib	Name	Gender	Club	Time	Age Cat	Rank
91.	24	Nikki Louise Doherty	F		1:09:15	Vet 35 Female	4th
92.	7	Amy Purvin	F		1:09:27	Senior Female	4th
93.	115	Emma Price	F		1:09:46	Senior Female	5th
94.	118	Lauren Jaques	F		1:10:00	Vet 45 Female	6th
95.	84	Mark Richards	M		1:10:31	Vet 55 Male	13th
96.	90	Steve Longley	M		1:10:31	Vet 50 Male	10th
97.	23	Jacqui Wynds	F	Forest of Dean AC	1:10:56	Vet 65 Female	1st
98.	66	Lisa Gray	F	Croft Ambrey RC	1:10:57	Vet 50 Female	5th
99.	4	Mark Marshall	M		1:11:14	Vet 50 Male	11th
100.	26	Carol Sworn	F	Running Somewhere Else	1:11:15	Vet 55 Female	4th
101.	64	Tina Cartwright	F	Ludlow Runners	1:11:44	Vet 60 Female	1st
102.	31	Ireland Lawrence	F		1:13:08	Senior Female	6th
103.	8	Sue Purvin	F		1:13:16	Vet 60 Female	2nd
104.	60	Stephanie King	F	Croft Ambrey RC	1:13:22	Vet 55 Female	5th
105.	19	Stephanie Waring	F		1:13:30	Vet 40 Female	5th
106.	48	Menna Breeze	F		1:13:45	Senior Female	7th
107.	73	Deborah Band	F	Black Pear Joggers	1:14:32	Vet 55 Female	6th
108.	50	Stacker Martin	M		1:14:38	Vet 40 Male	9th
109.	51	Kerry Morgan	F		1:14:55	Vet 35 Female	5th
110.	59	Nikki Ferguson	F	Croft Ambrey RC	1:15:03	Senior Female	8th
111.	105	Matt Jones	M	Builth & District	1:15:40	Senior Male	21st
112.	147	Georgina Fletcher	F	Maldwyn Harriers	1:15:52	Vet 60 Female	3rd
113.	28	Katie Lloyd	F	·	1:16:19	Senior Female	9th
114.	102	Claire Short	F	Malvern Buzzards Running Club	1:17:22	Vet 40 Female	6th
115.	74	Sue Wood	F	Croft Ambrey RC	1:17:29	Vet 65 Female	2nd
116.	126	Huw Williams	М	Croft Ambrey RC	1:17:32	Vet 60 Male	6th
117.	146	Diane Jones	F	Maldwyn Harriers	1:18:24	Vet 50 Female	6th
118.	123	Lebo Msimanga	F	Hereford & County AC	1:20:04	Vet 40 Female	7th
119.	10	Vivien Tolley	F	Malvern Joggers	1:20:12	Vet 60 Female	4th
120.	117	ian Haines	М	00	1:22:20	Vet 55 Male	14th
121.	125	Frank Luscott	М	Croft Ambrey RC	1:22:23	Vet 65 Male	5th
122.	52	Tim Wain-Hobson	М	Croft Ambrey RC	1:23:10	Vet 65 Male	6th
123.	85	Sarah Richards	F	•	1:24:19	Vet 50 Female	7th
124.	91	Andrea Longley	F		1:24:20	Vet 50 Female	8th
125.	149	Sarah Nurman	F		1:24:55	Vet 45 Female	7th
126.	12	Karen Oakley	F	Builth & District	1:25:07	Vet 55 Female	7th
127.	132	Sybil Marsh	F	Ludlow Runners	1:25:15	Vet 70 Female	1st
128.	13	Hazel Lewis	F	Just Moves	1:25:29	Vet 45 Female	8th
129.	69	Anya Lees	F	Black Pear Joggers	1:25:50	Senior Female	10th
130.	45	James Galliers	M		1:27:11	Senior Male	22nd
131.	148	Sandra Banfield	F	Dolly Mixtures	1:29:20	Vet 60 Female	5th
132.	119	Stephen Jaques	M	=,	1:29:51	Vet 40 Male	10th
133.	21	Rachell Thomas	F		1:34:29	Vet 40 Female	8th
134.	20	Hargadon Dawn	F		1:34:29	Vet 50 Female	9th
135.	57	Bryan Markham	M	Croft Ambrey RC	1:39:19	Vet 80 Male	1st
100.	31	Diyan Markilani	IVI	Ololt Allibies NO	1.03.13	V Ct OU IVIAIC	131



Overall Results



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Pos.	Bib Name	Gender	Club	Time	Age Cat	Rank

Number of Records: 135

