

# Herefordshire & Borders Winter Cross Country League 2023/24



## Race 4 Male Team Results

Bib	Name	Club	Time
<b>1. Croft Ambrey RC 1</b>			<b>2:39:17,89</b>
104	Mark Lamonby	Croft Ambrey RC	38:02
78	Eric Apperley	Croft Ambrey RC	38:03
81	Gareth Leek	Croft Ambrey RC	39:36
75	Toby Austin	Croft Ambrey RC	43:35
<b>2. Builth &amp; District 1</b>			<b>2:41:39,18</b>
65	Wyndham Turner	Builth & District	38:45
59	Robin Woods	Builth & District	39:33
53	Phil Morris	Builth & District	41:07
64	Tom Turner	Builth & District	42:13
<b>3. Hereford Couriers RC 1</b>			<b>2:45:36,56</b>
214	Ryan Lawrence	Hereford Couriers RC	40:09
221	William Morris	Hereford Couriers RC	40:58
202	Luke Mason	Hereford Couriers RC	42:12
166	Ben Skinner	Hereford Couriers RC	42:16
<b>4. Maldwyn Harriers 1</b>			<b>2:50:20,00</b>
337	Gwynent Jones	Maldwyn Harriers	37:36
346	Clive Morgan	Maldwyn Harriers	39:43
339	Steve Jones	Maldwyn Harriers	46:29
336	Garry Jones	Maldwyn Harriers	46:30
<b>5. Malvern Buzzards Running Club 1</b>			<b>2:53:52,74</b>
363	Adam Wilson	Malvern Buzzards Running Club	40:50
381	Richard Walsh	Malvern Buzzards Running Club	42:15
378	Neil Warne	Malvern Buzzards Running Club	44:57
380	Peter Koval	Malvern Buzzards Running Club	45:50
<b>6. Hereford Couriers RC 2</b>			<b>3:00:05,79</b>
164	Andy Tyler	Hereford Couriers RC	43:27
186	Harry Woodhouse	Hereford Couriers RC	44:14
605	Michael Jones	Hereford Couriers RC	45:57
208	Martin Lloyd	Hereford Couriers RC	46:25
<b>7. Ledbury Harriers 1</b>			<b>3:00:22,16</b>
278	Chris Grubb	Ledbury Harriers	39:33
279	David Bannister	Ledbury Harriers	41:11
284	Neil Grinnell	Ledbury Harriers	48:36
612	Andy Crawshaw	Ledbury Harriers	51:00
<b>8. Croft Ambrey RC 2</b>			<b>3:04:59,08</b>
91	Jasper Robinson	Croft Ambrey RC	44:13
117	Simon Norwood	Croft Ambrey RC	44:29
95	Joseph Lynch	Croft Ambrey RC	47:38



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121	Steve Partridge	Croft Ambrey RC	48:38
<b>9.</b>	<b>Wye Valley Runners 1</b>		<b>3:08:01,60</b>
461	christian Jones	Wye Valley Runners	44:20
472	Jeremy Jehan	Wye Valley Runners	45:32
466	David Klotz	Wye Valley Runners	48:36
498	Peter Flynn	Wye Valley Runners	49:33
<b>10.</b>	<b>Hereford Couriers RC 3</b>		<b>3:11:10,68</b>
203	Luke Williams	Hereford Couriers RC	46:33
206	Martin Carter	Hereford Couriers RC	47:26
191	Jonathan Davey	Hereford Couriers RC	48:29
211	Nerijus Zukauskas	Hereford Couriers RC	48:41
<b>11.</b>	<b>Builth &amp; District 2</b>		<b>3:11:20,18</b>
18	Chris Burton	Builth & District	44:33
32	Huw Lewis	Builth & District	47:00
21	Dai Harris	Builth & District	49:39
51	Owen Bowers	Builth & District	50:05
<b>12.</b>	<b>Hereford Triathlon Club 1</b>		<b>3:13:05,10</b>
268	Sam Mayglothing	Hereford Triathlon Club	39:30
227	Andy Taylor	Hereford Triathlon Club	48:14
225	Adamo Mihcinok	Hereford Triathlon Club	50:31
275	Vince Playdon	Hereford Triathlon Club	54:48
<b>13.</b>	<b>Wye Valley Runners 2</b>		<b>3:31:03,81</b>
473	Jethro Richards	Wye Valley Runners	50:08
493	Niall Considine	Wye Valley Runners	50:22
604	Josh McMahon	Wye Valley Runners	54:05
626	Hedd Jones	Wye Valley Runners	56:26
<b>14.</b>	<b>Hereford Couriers RC 4</b>		<b>3:32:57,30</b>
161	Allen Edwards	Hereford Couriers RC	50:20
177	Darren Woodall	Hereford Couriers RC	51:52
176	Dan Cleworth	Hereford Couriers RC	55:08
171	Chris Smart	Hereford Couriers RC	55:35
<b>15.</b>	<b>Croft Ambrey RC 3</b>		<b>3:37:36,54</b>
107	Neil Powell	Croft Ambrey RC	49:02
122	Stuart Austin	Croft Ambrey RC	51:49
108	Neil Taylor	Croft Ambrey RC	57:06
90	Ian Price	Croft Ambrey RC	59:37
<b>16.</b>	<b>Hay Hotfooters 1</b>		<b>3:48:51,39</b>
151	Stephen Goodridge	Hay Hotfooters	52:38
632	Paul McDermott	Hay Hotfooters	54:52



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144	Kevin Dunster	Hay Hotfooters	59:52
146	Mick Collins	Hay Hotfooters	1:01:27
<b>17.</b>	<b>Builth &amp; District 3</b>		<b>4:09:51,33</b>
57	Christian Prynne	Builth & District	56:36
22	David Sutherland	Builth & District	58:11
45	Malc Gonnella	Builth & District	58:42
16	Callum Morris	Builth & District	1:16:20
<b>18.</b>	<b>Croft Ambrey RC 4</b>		<b>4:12:23,79</b>
111	Rob Wood	Croft Ambrey RC	1:00:51
68	Ashley Robinson	Croft Ambrey RC	1:02:08
110	Oliver Cameron-Swan	Croft Ambrey RC	1:04:34
89	Huw Williams	Croft Ambrey RC	1:04:49
<b>19.</b>	<b>Hereford Couriers RC 5</b>		<b>4:25:36,47</b>
212	Robert Connell	Hereford Couriers RC	55:36
216	Steve Herington	Hereford Couriers RC	59:07
195	Kevin Barnes	Hereford Couriers RC	1:03:31
190	John Noonan	Hereford Couriers RC	1:27:19

Number of records: 76

