

Herefordshire & Borders Winter Cross Country League 2023/24



Race 2 Male Team Results

Bib	Name	Club	Time
1. Croft Ambrey RC 1			2:29:48,63
78	Eric Apperley	Croft Ambrey RC	35:18
116	Sam Juson	Croft Ambrey RC	35:28
81	Gareth Leek	Croft Ambrey RC	37:52
91	Jasper Robinson	Croft Ambrey RC	41:09
2. Hereford Couriers RC 1			2:34:19,00
202	Luke Mason	Hereford Couriers RC	37:39
209	Mathew James	Hereford Couriers RC	38:05
214	Ryan Lawrence	Hereford Couriers RC	39:05
221	William Morris	Hereford Couriers RC	39:27
3. Builth & District 1			2:36:16,36
65	Wyndham Turner	Builth & District	36:44
53	Phil Morris	Builth & District	37:45
64	Tom Turner	Builth & District	40:25
32	Huw Lewis	Builth & District	41:20
4. Maldwyn Harriers 1			2:37:12,05
337	Gwynent Jones	Maldwyn Harriers	35:45
526	Aled Breeze	Maldwyn Harriers	36:03
336	Garry Jones	Maldwyn Harriers	42:35
339	Steve Jones	Maldwyn Harriers	42:47
5. Western Tempo 1			2:42:16,35
440	Dean Jones	Western Tempo	38:11
448	Richard Watkins	Western Tempo	40:57
452	Tom Kennedy	Western Tempo	41:33
439	Darren Broady	Western Tempo	41:33
6. Hereford Triathlon Club 1			2:43:25,02
268	Sam Mayglothing	Hereford Triathlon Club	37:49
248	Jordan McQueen	Hereford Triathlon Club	41:18
228	Andy Fisher	Hereford Triathlon Club	41:31
261	Paul Campbell	Hereford Triathlon Club	42:46
7. Hereford Couriers RC 2			2:44:30,11
186	Harry Woodhouse	Hereford Couriers RC	39:37
164	Andy Tyler	Hereford Couriers RC	40:19
166	Ben Skinner	Hereford Couriers RC	41:34
193	Josef Godfrey	Hereford Couriers RC	42:59
8. Malvern Buzzards Running Club 1			2:48:13,23
378	Neil Warne	Malvern Buzzards Running Club	41:34
380	Peter Koval	Malvern Buzzards Running Club	41:56
370	Dave Lawrence	Malvern Buzzards Running Club	42:14
365	Andy Kenchington	Malvern Buzzards Running Club	42:27



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9. MonRoss trailblazers 1			2:50:04,24
404	Luke Gray	MonRoss trailblazers	37:43
400	Gavin Jones	MonRoss trailblazers	39:11
392	Andy Stephens	MonRoss trailblazers	46:34
406	Matt Webb	MonRoss trailblazers	46:35
10. Wye Valley Runners 1			2:53:58,47
461	christian Jones	Wye Valley Runners	41:07
472	Jeremy Jehan	Wye Valley Runners	42:46
473	Jethro Richards	Wye Valley Runners	44:41
485	Lea Nicholson	Wye Valley Runners	45:23
11. Hereford Couriers RC 3			2:54:10,31
605	Michael Jones	Hereford Couriers RC	43:14
208	Martin Lloyd	Hereford Couriers RC	43:20
189	James Davies	Hereford Couriers RC	43:29
517	Tom Turner	Hereford Couriers RC	44:06
12. Builth & District 2			2:54:57,99
18	Chris Burton	Builth & District	41:59
35	James Jones	Builth & District	43:29
51	Owen Bowers	Builth & District	43:51
60	Steven Hepton	Builth & District	45:38
13. Ludlow Runners 1			2:58:00,57
292	Aidan Yapp	Ludlow Runners	37:29
308	Matthew Yapp	Ludlow Runners	41:14
304	Ian Chubb	Ludlow Runners	48:58
294	Angus Kirby	Ludlow Runners	50:17
14. Hereford Couriers RC 4			3:01:41,36
206	Martin Carter	Hereford Couriers RC	44:45
211	Nerijus Zukauskas	Hereford Couriers RC	44:46
191	Jonathan Davey	Hereford Couriers RC	45:53
161	Allen Edwards	Hereford Couriers RC	46:14
15. Hereford Triathlon Club 2			3:01:44,60
255	Matt Ansfield	Hereford Triathlon Club	44:21
227	Andy Taylor	Hereford Triathlon Club	44:46
225	Adamo Mihcinok	Hereford Triathlon Club	46:10
231	Conrad Lawson	Hereford Triathlon Club	46:25
16. Croft Ambrey RC 2			3:05:13,16
117	Simon Norwood	Croft Ambrey RC	42:24
121	Steve Partridge	Croft Ambrey RC	44:48
122	Stuart Austin	Croft Ambrey RC	48:51
128	Toby Spicer	Croft Ambrey RC	49:08



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Bib	Name	Club	Time
17. Bulth & District 3			3:07:44,29
25	Gareth Thomas	Bulth & District	46:01
49	Oliver Hughes	Bulth & District	46:57
43	Lewis Price	Bulth & District	47:21
38	Josh Price	Bulth & District	47:24
18. Malvern Buzzards Running Club 2			3:10:05,17
386	Simeon Foreman	Malvern Buzzards Running Club	45:55
379	Paul Cooke	Malvern Buzzards Running Club	46:50
374	Laurence Fowkes	Malvern Buzzards Running Club	48:13
362	Adam Dyson	Malvern Buzzards Running Club	49:06
19. Wye Valley Runners 2			3:15:15,32
498	Peter Flynn	Wye Valley Runners	46:32
462	Daniel Francis	Wye Valley Runners	48:37
491	Mark Dunn	Wye Valley Runners	49:53
604	Josh McMahon	Wye Valley Runners	50:11
20. Hereford Couriers RC 5			3:15:32,63
163	Richie Richards	Hereford Couriers RC	47:26
210	Neil McNish	Hereford Couriers RC	49:00
518	Jake Seal	Hereford Couriers RC	49:30
177	Darren Woodall	Hereford Couriers RC	49:35
21. Ledbury Harriers 1			3:16:29,22
279	David Bannister	Ledbury Harriers	39:14
290	Edd Hogan	Ledbury Harriers	50:44
612	Andy Crawshaw	Ledbury Harriers	52:04
280	David Horne	Ledbury Harriers	54:25
22. Croft Ambrey RC 3			3:18:27,45
109	Oliver Tomlinson	Croft Ambrey RC	49:10
84	George Thomas	Croft Ambrey RC	49:33
601	Greg Jones	Croft Ambrey RC	49:39
532	Paul Parker	Croft Ambrey RC	50:03
23. Maldwyn Harriers 2			3:21:00,58
329	Edward Davies	Maldwyn Harriers	48:38
352	Mark Paviour	Maldwyn Harriers	50:28
354	Phil Pugh	Maldwyn Harriers	50:46
332	Dan George	Maldwyn Harriers	51:06
24. Hereford Couriers RC 6			3:22:21,71
212	Robert Connell	Hereford Couriers RC	49:58
176	Dan Cleworth	Hereford Couriers RC	50:30
171	Chris Smart	Hereford Couriers RC	50:30
511	Jonathan Edwards	Hereford Couriers RC	51:22



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Bib	Name	Club	Time
25. Hereford Triathlon Club 3			3:22:28,93
262	Paul Mammatt	Hereford Triathlon Club	49:14
229	Ben Probert	Hereford Triathlon Club	49:32
512	Tim Farndon	Hereford Triathlon Club	51:27
515	Christian Mason	Hereford Triathlon Club	52:13
26. Hay Hotfooters 1			3:30:12,68
10	Simon Blyth	Hay Hotfooters	47:43
151	Stephen Goodridge	Hay Hotfooters	49:36
146	Mick Collins	Hay Hotfooters	54:43
137	Crispin Elt	Hay Hotfooters	58:09
27. Builth & District 4			3:33:21,67
11	Ali Hardaway	Builth & District	49:27
45	Malc Gonnella	Builth & District	54:08
55	Raymond Davies	Builth & District	54:22
22	David Sutherland	Builth & District	55:23
28. Hereford Couriers RC 7			3:39:30,53
204	Mark Hookins	Hereford Couriers RC	53:03
185	Guy Jenkins	Hereford Couriers RC	53:26
216	Steve Herington	Hereford Couriers RC	55:00
195	Kevin Barnes	Hereford Couriers RC	58:00
29. Croft Ambrey RC 4			3:43:04,19
88	Howard Verran	Croft Ambrey RC	54:16
108	Neil Taylor	Croft Ambrey RC	55:12
90	Ian Price	Croft Ambrey RC	55:55
113	Roland Preece	Croft Ambrey RC	57:39
30. Wye Valley Runners 3			3:43:27,76
508	Tony Champken	Wye Valley Runners	51:55
492	Michael Smallwood	Wye Valley Runners	53:10
469	Gordon Truluck	Wye Valley Runners	55:52
465	Dave Sherwood	Wye Valley Runners	1:02:30
31. Hereford Triathlon Club 4			3:51:57,20
270	Stephen Vaughan	Hereford Triathlon Club	53:15
260	Paddy Lewis	Hereford Triathlon Club	55:51
257	Mike Shaw	Hereford Triathlon Club	1:00:37
237	Ian Foster	Hereford Triathlon Club	1:02:12
32. Hereford Couriers RC 8			4:02:32,34
187	Harry Jenkins	Hereford Couriers RC	58:21
220	Wesley Jones	Hereford Couriers RC	59:06
165	Ben James	Hereford Couriers RC	1:00:01
519	Richard Tyler	Hereford Couriers RC	1:05:02



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Bib	Name	Club	Time
33.	Croft Ambrey RC	5	4:10:25,83
110	Oliver Cameron-Swan	Croft Ambrey RC	58:55
85	Guy Whitmarsh	Croft Ambrey RC	59:58
82	Gary Gunner	Croft Ambrey RC	1:00:58
80	Frank Luscott	Croft Ambrey RC	1:10:33

Number of records: 132

