

Herefordshire & Borders Winter Cross Country League 2023/24



Race 1 Male Team Results

Bib	Name	Club	Time
1. Hereford Couriers RC 1			2:56:05,90
209	Mathew James	Hereford Couriers RC	42:32
202	Luke Mason	Hereford Couriers RC	44:28
221	William Morris	Hereford Couriers RC	44:30
214	Ryan Lawrence	Hereford Couriers RC	44:34
2. Bulth & District 1			2:57:26,45
65	Wyndham Turner	Bulth & District	41:35
53	Phil Morris	Bulth & District	42:48
58	Richard Edwards	Bulth & District	46:25
64	Tom Turner	Bulth & District	46:35
3. Maldwyn Harriers 1			2:58:32,53
337	Gwynent Jones	Maldwyn Harriers	42:20
330	Tim Davies	Maldwyn Harriers	44:04
346	Clive Morgan	Maldwyn Harriers	44:10
336	Garry Jones	Maldwyn Harriers	47:57
4. Western Tempo 1			2:59:07,73
449	Sam Butler	Western Tempo	41:01
440	Dean Jones	Western Tempo	44:15
450	Scott Kennedy	Western Tempo	46:49
451	Steven Flowers	Western Tempo	47:01
5. Croft Ambrey RC 1			3:01:37,45
78	Eric Apperley	Croft Ambrey RC	41:07
81	Gareth Leek	Croft Ambrey RC	45:53
91	Jasper Robinson	Croft Ambrey RC	46:47
117	Simon Norwood	Croft Ambrey RC	47:49
6. Hereford Triathlon Club 1			3:08:20,54
268	Sam Mayglothing	Hereford Triathlon Club	41:57
228	Andy Fisher	Hereford Triathlon Club	47:43
261	Paul Campbell	Hereford Triathlon Club	48:25
240	Jamie Chedham	Hereford Triathlon Club	50:13
7. Hereford Couriers RC 2			3:10:19,59
186	Harry Woodhouse	Hereford Couriers RC	45:51
208	Martin Lloyd	Hereford Couriers RC	47:40
166	Ben Skinner	Hereford Couriers RC	48:05
189	James Davies	Hereford Couriers RC	48:43
8. Bulth & District 2			3:12:26,40
32	Huw Lewis	Bulth & District	46:51
18	Chris Burton	Bulth & District	47:34
35	James Jones	Bulth & District	47:45
51	Owen Bowers	Bulth & District	50:14



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9. MonRoss trailblazers 1			3:17:48,58
400	Gavin Jones	MonRoss trailblazers	43:59
401	Grant White	MonRoss trailblazers	49:30
413	Rob Potter	MonRoss trailblazers	52:04
392	Andy Stephens	MonRoss trailblazers	52:13
10. Wye Valley Runners 1			3:19:25,15
461	christian Jones	Wye Valley Runners	47:26
472	Jeremy Jehan	Wye Valley Runners	48:23
485	Lea Nicholson	Wye Valley Runners	51:23
466	David Klotz	Wye Valley Runners	52:11
11. Malvern Buzzards Running Club 1			3:22:39,64
381	Richard Walsh	Malvern Buzzards Running Club	46:11
380	Peter Koval	Malvern Buzzards Running Club	47:51
379	Paul Cooke	Malvern Buzzards Running Club	52:34
362	Adam Dyson	Malvern Buzzards Running Club	56:01
12. Ludlow Runners 1			3:25:12,41
292	Aidan Yapp	Ludlow Runners	41:09
298	David Mixell	Ludlow Runners	51:22
304	Ian Chubb	Ludlow Runners	55:51
294	Angus Kirby	Ludlow Runners	56:49
13. Hereford Couriers RC 3			3:25:13,24
193	Josef Godfrey	Hereford Couriers RC	49:07
206	Martin Carter	Hereford Couriers RC	50:34
203	Luke Williams	Hereford Couriers RC	51:00
210	Neil McNish	Hereford Couriers RC	54:31
14. Hereford Triathlon Club 2			3:27:42,44
248	Jordan McQueen	Hereford Triathlon Club	51:36
227	Andy Taylor	Hereford Triathlon Club	51:39
258	Nick Layton	Hereford Triathlon Club	51:49
243	Jim Bowers	Hereford Triathlon Club	52:37
15. Builth & District 3			3:30:25,13
43	Lewis Price	Builth & District	50:53
49	Oliver Hughes	Builth & District	52:27
25	Gareth Thomas	Builth & District	53:28
60	Steven Hepton	Builth & District	53:36
16. Croft Ambrey RC 2			3:35:28,24
121	Steve Partridge	Croft Ambrey RC	50:57
107	Neil Powell	Croft Ambrey RC	52:20
128	Toby Spicer	Croft Ambrey RC	55:17
109	Oliver Tomlinson	Croft Ambrey RC	56:52



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17. Ledbury Harriers 1			3:42:07,82
279	David Bannister	Ledbury Harriers	45:08
290	Edd Hogan	Ledbury Harriers	57:25
289	Tym Musgrove	Ledbury Harriers	57:31
280	David Horne	Ledbury Harriers	1:02:02
18. Hereford Couriers RC 4			3:44:04,52
191	Jonathan Davey	Hereford Couriers RC	54:54
176	Dan Cleworth	Hereford Couriers RC	55:52
161	Allen Edwards	Hereford Couriers RC	55:54
205	Mark Jones	Hereford Couriers RC	57:23
19. Hereford Triathlon Club 3			3:45:30,57
262	Paul Mammatt	Hereford Triathlon Club	52:47
225	Adamo Mihcinok	Hereford Triathlon Club	52:50
275	Vince Playdon	Hereford Triathlon Club	58:30
265	Richard Cawley	Hereford Triathlon Club	1:01:21
20. Maldwyn Harriers 2			3:51:50,17
327	James Chaplin	Maldwyn Harriers	54:45
352	Mark Paviour	Maldwyn Harriers	56:55
332	Dan George	Maldwyn Harriers	58:40
338	Ifan Jones	Maldwyn Harriers	1:01:28
21. Hereford Couriers RC 5			3:59:53,75
177	Darren Woodall	Hereford Couriers RC	57:47
171	Chris Smart	Hereford Couriers RC	58:53
511	Jonathan Edwards	Hereford Couriers RC	1:00:46
216	Steve Herington	Hereford Couriers RC	1:02:27
22. Wye Valley Runners 2			4:00:45,43
473	Jethro Richards	Wye Valley Runners	54:29
508	Tony Champken	Wye Valley Runners	59:58
471	James Vidler	Wye Valley Runners	1:01:28
495	Paddy Nugent	Wye Valley Runners	1:04:49
23. Croft Ambrey RC 3			4:01:24,95
95	Joseph Lynch	Croft Ambrey RC	57:30
76	Dave Millichap	Croft Ambrey RC	57:49
90	Ian Price	Croft Ambrey RC	1:02:53
108	Nigel Taylor	Croft Ambrey RC	1:03:12
24. Bulth & District 4			4:03:37,84
11	Ali Hardaway	Bulth & District	56:28
57	Christian Prynne	Bulth & District	59:02
20	Colin Davies	Bulth & District	1:03:38
54	Phill Harris	Bulth & District	1:04:27



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25. Hay Hotfooters 1			4:06:21,65
10	Simon Blyth	Hay Hotfooters	55:46
151	Stephen Goodridge	Hay Hotfooters	57:00
146	Mick Collins	Hay Hotfooters	1:06:34
137	Crispin Elt	Hay Hotfooters	1:06:59
26. Ludlow Runners 2			4:27:18,06
299	Edward Lane	Ludlow Runners	1:03:33
296	Clive Richardson	Ludlow Runners	1:06:49
312	Paul Baskeyfield	Ludlow Runners	1:07:41
311	Paul Roberts	Ludlow Runners	1:09:13
27. Builth & District 5			4:34:14,29
9	Alexander Brown	Builth & District	1:04:50
28	Gary Watts	Builth & District	1:05:07
8	Adam Johnstone	Builth & District	1:10:51
26	Gareth Morris	Builth & District	1:13:25
28. Croft Ambrey RC 4			4:38:02,50
110	Oliver Cameron-Swan	Croft Ambrey RC	1:07:37
113	Roland Preece	Croft Ambrey RC	1:08:14
89	Huw Williams	Croft Ambrey RC	1:08:36
106	Mike Hayward	Croft Ambrey RC	1:13:34
29. Wye Valley Runners 3			4:53:47,24
507	Temi Odurinde	Wye Valley Runners	1:07:12
506	Simon Oliver	Wye Valley Runners	1:12:06
465	Dave Sherwood	Wye Valley Runners	1:12:16
459	Brent Lowson	Wye Valley Runners	1:22:11

Number of records: 116

