

# Herefordshire & Borders Winter Cross Country League 2023/24



## Race 1 Female Team Results

Bib	Name	Club	Time
<b>1. Builth &amp; District 1</b>			<b>3:53:19,87</b>
46	Mel Sadie	Builth & District	55:50
36	Jenny Farrow	Builth & District	56:13
33	Isabelle Jones	Builth & District	1:00:02
30	Gunvor Troelsen	Builth & District	1:01:13
<b>2. Croft Ambrey RC 1</b>			<b>3:53:29,30</b>
114	Roxy Woodfield	Croft Ambrey RC	56:50
105	Mia Davies	Croft Ambrey RC	57:34
93	Jo Marriott	Croft Ambrey RC	57:51
119	Steph Main	Croft Ambrey RC	1:01:12
<b>3. MonRoss trailblazers 1</b>			<b>3:58:36,12</b>
402	Laura Lelievre	MonRoss trailblazers	52:39
396	Emily Harrison	MonRoss trailblazers	56:52
416	Sophie Williams	MonRoss trailblazers	1:04:16
14	Rebecca Foster	MonRoss trailblazers	1:04:47
<b>4. Wye Valley Runners 1</b>			<b>4:08:23,61</b>
482	Kath Hardwick	Wye Valley Runners	56:09
454	Amelia Louth	Wye Valley Runners	59:29
487	Lorna Shaw	Wye Valley Runners	1:02:10
478	Julie Whitehouse	Wye Valley Runners	1:10:34
<b>5. Hereford Couriers RC 1</b>			<b>4:10:56,29</b>
215	Sarah Askey	Hereford Couriers RC	1:00:13
172	Christina Pinto-Pearson	Hereford Couriers RC	1:01:30
160	Abi Knight	Hereford Couriers RC	1:03:48
198	Kirsty Jenkins	Hereford Couriers RC	1:05:24
<b>6. Ludlow Runners 1</b>			<b>4:15:26,82</b>
301	Fern Cotterill	Ludlow Runners	48:38
317	Sophia Charters	Ludlow Runners	1:04:42
321	Trudy Macklin	Ludlow Runners	1:10:16
314	Sally Toyne	Ludlow Runners	1:11:49
<b>7. Hay Hotfooters 1</b>			<b>4:19:19,46</b>
138	Dilek Usta-Aarons	Hay Hotfooters	1:00:25
139	Eleanor Griffiths	Hay Hotfooters	1:05:30
150	Sharon Collins	Hay Hotfooters	1:06:19
149	Sara Lake	Hay Hotfooters	1:07:03
<b>8. Builth &amp; District 2</b>			<b>4:19:47,32</b>
17	Celia Speake	Builth & District	1:02:33
7	Abbie Davies	Builth & District	1:05:01
23	Emma Bagshaw	Builth & District	1:06:05
15	Beth Curry	Builth & District	1:06:07



# Herefordshire & Borders Winter Cross Country League 2023/24



## Race 1 Female Team Results

Bib	Name	Club	Time
<b>9. Maldwyn Harriers 1</b>			<b>4:28:28,10</b>
351	Helen Owen	Maldwyn Harriers	1:03:21
360	Rachel Williams	Maldwyn Harriers	1:07:47
335	Jill Hillman	Maldwyn Harriers	1:08:30
348	Caroline Orrells	Maldwyn Harriers	1:08:48
<b>10. Malvern Buzzards Running Club 1</b>			<b>4:34:43,29</b>
384	Sarah Armstrong	Malvern Buzzards Running Club	57:21
366	Anife Turchin	Malvern Buzzards Running Club	1:05:42
373	Julie Caseley	Malvern Buzzards Running Club	1:08:22
385	Sarah Fowkes	Malvern Buzzards Running Club	1:23:16
<b>11. Croft Ambrey RC 2</b>			<b>4:40:19,22</b>
70	Bronwyn Preece	Croft Ambrey RC	1:03:50
115	Sam Harper	Croft Ambrey RC	1:09:28
120	Stephanie King	Croft Ambrey RC	1:13:25
66	Alison Davies	Croft Ambrey RC	1:13:34
<b>12. Builth &amp; District 3</b>			<b>4:49:24,71</b>
40	Kate Hepton	Builth & District	1:07:47
31	Hayley Price	Builth & District	1:12:09
63	Tina Harrison	Builth & District	1:14:05
34	Izzy Watts	Builth & District	1:15:21
<b>13. Hay Hotfooters 2</b>			<b>4:59:23,15</b>
136	Ali Allen	Hay Hotfooters	1:08:13
140	Elizabeth Tindle	Hay Hotfooters	1:12:48
154	Tina Lavelle	Hay Hotfooters	1:16:46
153	Sue Richards	Hay Hotfooters	1:21:34
<b>14. Croft Ambrey RC 3</b>			<b>5:09:36,69</b>
67	Anna Bromley	Croft Ambrey RC	1:14:11
71	Carol Powell	Croft Ambrey RC	1:15:35
83	Gemma Davies	Croft Ambrey RC	1:17:08
126	Theresa Jones	Croft Ambrey RC	1:22:41

Number of records: 56

