

The Kymin Dash 2024 - Top of the hill times

Position	Time	Bib	Name	Gender	Club
1	00:09:36	116	Jon Like	M	Parc Bryn Bach RC
2	00:09:59	88	Will Hartop	M	Stroud & District AC
3	00:10:01	62	Huw Evans	M	Parc Bryn Bach RC
4	00:10:20	204	Ricci Watts	M	Pont-y-pwl & District Runners
5	00:10:28	4	George Anthony	M	
6	00:10:28	99	Matthew James	M	
7	00:10:31	139	Tom Newman	M	Caerleon RC
8	00:10:33	94	Maxim Hobbs	M	Griffithstown Harriers
9	00:11:10	183	James Smith	M	
10	00:11:12	132	William Morris	M	Hereford Couriers
11	00:11:13	8	James Atkinson	M	
12	00:11:14	100	Matt James	M	Hereford Couriers
13	00:11:28	128	Andy Monro	M	Severn AC
14	00:11:34	1	Katie Adams	F	Spirit of Monmouth
15	00:11:41	74	Jake Gilkinson	M	South London Harriers
16	00:11:45	187	Andrew Stamp	M	Griffithstown Harriers
17	00:11:46	30	Sandra Chipper	F	Llswerry Runners
18	00:11:54	137	Robert Neville	M	
19	00:11:57	113	Phil Lee	M	Llswerry Runners
20	00:12:02	252	Ethan Sayce	M	Parc Bryn Bach RC
21	00:12:03	120	Alex Lyne	M	Caldicot Running Club
22	00:12:04	166	David Richardson	M	Pont-y-pwl & District Runners
23	00:12:14	123	David Matthews	M	Hereford Couriers
24	00:12:20	29	Thomas Chinnick	M	
25	00:12:24	89	James Head	M	Gloucester AC
26	00:12:25	249	Karl Coughlin	M	Parc Bryn Bach RC
27	00:12:30	28	Craig Chaplin	M	Llswerry Runners
28	00:12:32	212	John Williams	M	Griffithstown Harriers
29	00:12:33	216	Scott Withey	M	Evesham Vale RC
30	00:12:34	25	Martin Carter	M	Hereford Couriers
31	00:12:35	10	Jullian Bailey-Gard	M	Forest of Dean AC
32	00:12:35	192	Adrian Thomas	M	
33	00:12:42	17	Richard Boseley	M	Severn AC
34	00:12:43	71	Tom Fregard	M	
35	00:12:44	131	Niki Morgan	F	Chepstow Harriers
36	00:12:44	176	Annette Sanford	F	Griffithstown Harriers
37	00:12:45	83	Neil Harper	M	Hereford Couriers
38	00:12:50	250	Mark Taviner	M	
39	00:12:50	70	Lubica Ford	F	Griffithstown Harriers
40	00:12:51	44	Steve Davies	M	Griffithstown Harriers
41	00:12:55	11	Andrew Baker	M	Pontypridd Roadents AC
42	00:13:05	35	Marc Cross	M	Griffithstown Harriers
43	00:13:06	153	Chris Potts	M	
44	00:13:07	211	Anna Williams	F	Caerphilly Runners
45	00:13:09	107	Randal Jones	M	Llswerry Runners
46	00:13:10	15	Robin Bell	M	Caldicot Running Club

47	00:13:18	197	Elizabeth Tremlett	F	Carmarthen Harriers
48	00:13:21	84	Wesley Harris	M	Caerleon RC
49	00:13:22	114	Jon Lewis	M	Griffithstown Harriers
50	00:13:26	165	Richie Richards	M	Hereford Couriers
51	00:13:29	214	Kelly Winstone	F	
52	00:13:31	68	James Fisher	M	
53	00:13:35	27	Kieran Chaplin	M	Lliswerry Runners
54	00:13:39	64	Jenny Farrow	F	Builth & District RC
55	00:13:43	185	Andrew Smith	M	Pont-y-pwl & District Runners
56	00:13:47	248	Nick Osman	M	Parc Bryn Bach RC
57	00:13:48	254	Vicky Roberts	F	Spirit of Monmouth
58	00:13:48	95	Stephen Hughes	M	Les Croupiers RC
59	00:13:49	220	Alice Yevko	F	
60	00:13:50	247	Lowenna Taylor	F	Caerleon RC
61	00:13:51	244	Lauren Williams	F	Caerleon RC
62	00:13:56	171	Chandler Rose	F	
63	00:13:58	175	Harriet Saker	F	Evesham Vale RC
64	00:13:59	156	Mark Prosser	M	Fairwater Runners Cwmbran
65	00:14:01	256	Alison Stuart	F	
66	00:14:02	43	Tony Davies	M	MonRoss Trailblazers
67	00:14:03	7	Alice Atkinson	F	
68	00:14:05	164	Liz Richards	F	Caerleon RC
69	00:14:06	57	Stephen Egan	M	
70	00:14:10	79	Huw Griffiths	M	Severn AC
71	00:14:10	73	Graham Gallop	M	
72	00:14:11	39	Ruairí Davies	M	
73	00:14:13	200	Heather Walker	F	
74	00:14:14	3	Phillip Allsopp	M	Fairwater Runners Cwmbran
75	00:14:15	191	Avisa Talemi	F	Caerleon RC
76	00:14:15	85	Emily Harrison	F	Monross Trailblazers
77	00:14:20	141	David Orpen	M	
78	00:14:22	251	Ingram Wright	M	Spirit of Monmouth
79	00:14:25	186	Andrew Spencer	M	Griffithstown Harriers
80	00:14:28	194	Stewart Thomson	M	Mynydd Du
81	00:14:35	126	Aly Miles	F	Evesham Vale RC
82	00:14:40	167	Leonie Roberts	F	Fairwater Runners Cwmbran
83	00:14:42	195	Joni Tingle	F	Forest of Dean AC
84	00:14:43	152	Bob Pope	M	Evesham Vale RC
85	00:14:47	170	Jane Roscoe	F	Chepstow Harriers
86	00:14:49	111	Harry King	F	
87	00:14:54	69	Helen Forbes	F	
88	00:14:55	72	Maixent Gaillard	M	Spirit of Monmouth
89	00:14:55	121	Lyn Mac	M	Caerleon RC
90	00:14:56	146	Adrian Parry Welson	M	Griffithstown Harriers
91	00:14:56	19	Gary Burley	M	Forest of Dean AC
92	00:14:58	243	Mike Thurgood	M	Monross Trailblazers
93	00:15:00	181	Elizabeth Sims	F	Caerleon RC
94	00:15:00	136	Kinga Nawrocka	F	Evesham Vale RC

95	00:15:02	75	Michelle Gooch	F	Pont-y-pwl & District Runners
96	00:15:04	160	Emma Purvis	F	
97	00:15:06	53	Sophie Dowle	F	
98	00:15:07	149	Iestyn Perham	M	RunNewport
99	00:15:10	26	Julie Caseley	F	Malvern Buzzards Running Club
100	00:15:11	151	Mike Pobjoy	M	Lliswerry Runners
101	00:15:12	253	Greg Phillips	M	Caerleon RC
102	00:15:13	48	Jeremy Dickson	M	Lliswerry Runners
103	00:15:14	143	Stephen Owen	M	Chepstow Harriers
104	00:15:15	56	Dean Edwards	M	N.E.W.T - Newport and East Wal
105	00:15:15	125	Gary Miles	M	Evesham Vale RC
106	00:15:16	115	Harri Like	F	Parc Bryn Bach RC
107	00:15:18	189	Matthew Stewart	M	
108	00:15:20	177	Ian Seabright	M	Evesham Vale RC
109	00:15:26	134	Amelia Mullins	F	CLC Striders
110	00:15:27	20	Lee Canning	M	Caerphilly Runners
111	00:15:29	241	Charlotte Yewman	F	
112	00:15:32	168	Alison Roper	F	
113	00:15:35	193	Abbie Thomas	F	Caerleon RC
114	00:15:41	77	Brian Griffin	M	Forest of Dean AC
115	00:15:42	202	Craig Ward	M	Islwyn Running Club
116	00:15:48	21	Marc Carlton	M	Chepstow Harriers
117	00:15:49	90	Charlotte Healy	F	Griffithstown Harriers
118	00:16:01	221	Kim Young	F	
119	00:16:02	59	Mark Emes	M	Bitton Road Runners
120	00:16:04	133	Paul Morris	M	Pont-y-pwl & District Runners
121	00:16:06	150	Sian Phillips	F	Swansea Harriers
122	00:16:08	91	Steve Herington	M	Hereford Couriers
123	00:16:10	31	Michelle Clabon	F	Caerleon RC
124	00:16:14	51	Rachel Dorel	F	Lliswerry Runners
125	00:16:18	213	Nikki Williams	F	
126	00:16:22	33	Kathryn Collins	F	Lliswerry Runners
127	00:16:26	12	Sue Baldwin	F	Tewkesbury running club
128	00:16:30	178	Claire Seabright	F	Evesham Vale RC
129	00:16:31	2	Claire Allen	F	Evesham Vale RC
130	00:16:32	199	Keith Verheyden	M	FERC
131	00:16:33	242	Paul Cahill	M	
132	00:16:36	47	Michele Deal	F	Pont-y-pwl & District Runners
133	00:16:37	86	Edwina Harrop	F	Spirit of Monmouth
134	00:16:38	217	Angela Wixey	F	Severn AC
135	00:16:40	205	Marc Wilding	M	
136	00:16:43	106	Wesley Jones	M	Hereford couriers
137	00:16:47	207	Anna Wilkinson	F	Griffithstown Harriers
138	00:16:48	9	Rob Austen	M	
139	00:16:49	112	Keith Langley	M	Pont-y-pwl & District Runners
140	00:16:51	245	Judith Oakley	F	Vegan Runners UK
141	00:16:54	184	Jemima Smith	F	
142	00:16:56	110	Steven Kilbourne	M	

143	00:16:57	60	Celia Escande	F	Hereford Couriers
144	00:16:57	92	Simon Hill	M	
145	00:17:00	145	Katherine Parkinson	F	Pont-y-pwl & District Runners
146	00:17:00	13	Kevin Barnes	M	Hereford couriers
147	00:17:03	257	Jamie Ashton	M	
148	00:17:08	108	Helen Keepence	F	Evesham Vale RC
149	00:17:15	55	Barrie Dunn	M	Bitton Road Runners
150	00:17:17	18	Nicola Brunnock	F	Pont-y-pwl & District Runners
151	00:17:28	36	Hayley Danbrowsky	F	Evesham Vale RC
152	00:17:30	122	Danielle Maidment	F	Heath Massive Run Club
153	00:17:31	179	Vicki Simper	F	Evesham Vale RC
154	00:17:45	127	Mikiko Minty	F	Griffithstown Harriers
155	00:17:46	124	Tom McCormack	M	
156	00:17:47	169	Rob Roper	M	
157	00:17:56	158	Alex Prosser-Snelling	M	
158	00:17:58	157	Beatrice Prosser-Snelling	F	
159	00:17:59	155	Terry Prosser	M	
160	00:18:04	219	Jacqui Wynds	F	Forest of Dean AC
161	00:18:04	104	Linda Jones	F	Striders Of Croydon
162	00:18:05	76	Debbie Green	F	Forest of Dean AC
163	00:18:05	117	Linda Lloyd	F	
164	00:18:16	82	Robert Hale	M	Evesham Vale RC
165	00:18:18	180	Victoria Sims	F	
166	00:18:27	102	John Jenkins	M	Horton Harriers
167	00:19:13	50	Helen Donnelly	F	Avon Valley Runners
168	00:19:18	61	Carwyn Evans	M	Dragons RC Aberdarec
169	00:19:23	22	Tim Carr	M	Westbury Harriers
170	00:19:28	41	David Davies	M	Caerleon RC
171	00:19:31	52	Mark Dowell	M	Evesham Vale RC
172	00:19:55	93	Melanie Hill	F	
173	00:19:59	49	Stuart Donnelly	M	
174	00:20:06	196	Caroline Tinsley	F	
175	00:20:18	163	Phillipa Reusser	F	
176	00:20:28	172	Andrew Rothwell	M	
177	00:20:31	218	Cathy Woodward	F	
178	00:20:37	46	Alison Davis	F	Fairwater Runners Cwmbran
179	00:20:43	203	Gaynor Watkins	F	Griffithstown Harriers
180	00:21:03	103	Kathleen Jervis	F	Parc Bryn Bach RC
181	00:21:16	255	Mike Beeks	M	
182	00:21:39	98	Linda Ingledow	F	Forest of Dean AC
183	00:21:40	135	Andy Muxlow	M	Dragons RC Aberdarec
184	00:21:42	118	Suzanne Luker-davies	F	Dragons RC Aberdarec
185	00:21:49	201	Ruth Walters	F	Dragons RC Aberdarec
186	00:23:41	161	Jan Ray	F	

