Ross on Wye Riverbank Run

5K Overall Results



Pos.	Bib	Name	Gender	Club	Time	Age Cat	Age Cat Rank
1	2825	William Chalk	М	Newport Harriers	19:22	Male Under 15	1st
2	2775	Fred Tyler	M	Hereford & County AC	19:41	Male Under 15	2nd
3	2915	James Cooke	М	Hereford & County AC	19:55	Male Under 15	3rd
4	2965	Ryan Lawrence	M	Hereford Couriers	20:58	Senior Male	1st
5	2975	Monty Russell	М		22:23	Male Under 13	1st
6	2845	Huw Griffiths	М	Severn AC	24:29	Vet 40 Male	1st
7	2835	Lucinda Elliott	F		27:11	Senior Female	1st
8	2885	Debbie Davies	F	Lonely Goat RC	27:17	Vet 40 Female	1st
9	2945	Nicole Long	F	Monross Trailblazers	29:12	Female Under 13	1st
10	2935	Alistair Chalk	М		29:20	Male Under 13	2nd
11	2925	Trish Chalk	F		29:21		1st
12	2755	Lexi Williams	F		30:30	Female Under 15	1st
13	2905	Kath Mutton	F		35:20	Vet 60 Female	1st
14	2675	Kevin Sheehan	M		35:20	Vet 65 Male	1st
15	2745	Dawn Esdale	F		36:02	Vet 60 Female	2nd
16	2765	Nikolett Szendrei-Clement	F		47:13	Senior Female	2nd

Number of Records: 16

