

Hereford Couriers 5K Series Award Winners

<u>Male</u>		<u>Female</u>	
1st	Henry White	1st	Lauren Cooper
2nd	Eric Apperley	2nd	Amy Penn
3rd	Robin Woods	3rd	Helen Knight
MU15	Charlie Partridge	FU13	Olivia Hayman
MU17	Vaughn Hughes	FU15	Quisha Cashmore
MU20	Thomas Kennedy	FU17	Isobel Watt
SM	Sam Juson	FU20	Evie Hawkesford-Johnson
V35	Luke Mason	SF	Brittany Teague
V40	Tim Iveson	FV35	Vanessa Ward
V45	Mark James	FV40	Rachel Vines
V50	Stephen Snead	FV45	San Walker
V55	Richie Richards	FV50	Nicola Kelly
V60	Richard Boseley	FV55	Sarah Askey
V65	Robert Kerr	FV60	Lorna Shaw
V70	Gerry McGarr	FV75	Sybil Marsh
V75	Mervyn Davis		
V80	Brian Symonds		
<u>MALE TEAM</u>		<u>FEMALE TEAM</u>	
Croft Ambrey RC		Hereford Couriers RC	
1	Eric Apperley	1	Sarah Askey
2	Mark Thomas	2	Hannah Campbell
3	Sam Juson	3	Beth Apperley
4	Paul Parker	4	Hollie Francis