

Herefordshire Summer Cross Country 2022



Team Results - Race 4

Bib	Name	Time	Age Cat	Points
1st	Croft Ambrey RC 1	3:09:19,00		
120	Eric Apperley	28:27	Senior Male	2
152	Gareth Leek	28:30	Senior Male	3
151	Mark Lamonby	28:42	Senior Male	5
138	Hannah Fletcher	33:37	Vet 35 Female	28
127	Charlotte Broadhurst	34:28	Female Under 20	38
125	Kelly Bowen	35:35	Vet 35 Female	48
2nd	Ludlow Runners 1	3:16:29,00		
32	Oliver Perrett	27:26	Senior Male	1
40	Jamie Shingler	29:05	Vet 45 Male	7
21	Alex Logan	29:17	Vet 40 Male	8
53	Claire Thomas	33:23	Vet 35 Female	26
15	Amy Fulford	35:09	Vet 45 Female	44
43	Emma Stewardson	42:09	Vet 40 Female	105
3rd	Hereford Couriers RC 1	3:20:26,00		
256	Matt James	28:59	Vet 35 Male	6
263	Ryan Knight	29:59	Senior Male	11
271	Luke Mason	30:19	Vet 35 Male	12
292	Ellie Smithers	36:56	Senior Female	59
257	Lucy Jarvis	37:02	Senior Female	60
279	Christina Plant	37:11	Vet 35 Female	61
4th	Builth and District 1	3:28:05,00		
407	Mike Pfeiffer	29:41	Vet 55 Male	9
319	Rhys Davies	32:41	Senior Male	22
357	Matthew Sullivan	32:45	Senior Male	23
352	Joanne Rees	35:40	Vet 45 Female	50
334	Kate Jones	36:09	Senior Female	54
360	Gunvor Troelsen	41:09	Vet 55 Female	99
5th	Hereford Couriers RC 2	3:29:00,00		
266	Ryan Lawrence	30:46	Senior Male	15
275	William Morris	31:31	Senior Male	16
288	Ben Skinner	32:36	Vet 35 Male	21
250	Laura Hands	37:22	Senior Female	63
270	Clare Mallender	37:30	Vet 40 Female	64
265	Kimberley Langford	39:15	Senior Female	81
6th	Croft Ambrey RC 2	3:32:21,00		
161	Simon Norwood	32:09	Vet 50 Male	18
178	Nigel Taylor	32:57	Vet 55 Male	25
162	Steve Partridge	35:19	Vet 40 Male	45
133	Mia Davies	35:39	Senior Female	49
179	Jo Tilby	37:52	Vet 40 Female	69



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167	Thea Preece	38:25	Senior Female	74
7th	Monross Trailblazers 1	3:33:17,00		
383	Luke Gray	28:35	Vet 35 Male	4
389	Rob Nicholls	29:48	Vet 35 Male	10
379	Toby Dickens	30:26	Senior Male	13
393	Vanessa Ward	40:18	Vet 35 Female	92
378	Lucia Demkova	41:44	Vet 40 Female	101
381	Rebecca Roseanne	42:26	Senior Female	110
8th	Wye Valley Runners 1	3:40:24,00		
225	Ian Sockett	32:32	Vet 50 Male	20
211	Jeremy Jehan	33:50	Vet 50 Male	30
231	Lea Wood	33:53	Vet 35 Male	33
216	Amelia Louth	38:23	Senior Female	73
199	Lynne Compton	40:20	Vet 55 Female	94
223	Lorna Shaw	41:26	Vet 60 Female	100
9th	Hereford Couriers RC 3	3:50:30,00		
411	Martin Lloyd	33:29	Vet 40 Male	27
235	Martin Carter	33:55	Vet 55 Male	34
238	Will Connell	34:54	Senior Male	41
310	Abi Knight	40:43	Senior Female	98
249	Kim Handley	42:51	Vet 35 Female	112
241	Yulia Dimitrov	44:38	Vet 40 Female	129
10th	Croft Ambrey RC 3	3:57:19,00		
147	Greg Jones	37:19	Vet 50 Male	62
177	Neil Taylor	37:45	Vet 65 Male	68
160	Lee Monks	38:56	Vet 35 Male	79
146	Emma Jones	39:50	Vet 45 Female	87
157	Jo Marriott	40:10	Vet 50 Female	90
193	Janet Marsden	43:19	Vet 55 Female	118
11th	Builth and District 2	4:04:54,00		
421	Stafford Rees	33:52	Vet 50 Male	31
347	Josh Price	34:31	Senior Male	39
330	Dai Harris	34:51	Vet 35 Male	40
405	Emma Bagshaw	43:10	Vet 50 Female	115
335	Nicola Kelly	48:46	Vet 50 Female	147
349	Shannon Price	49:44	Senior Female	151
12th	Wye Valley Runners 2	4:06:45,00		
213	David Klotz	35:43	Vet 40 Male	51
207	Robert Gilligan	37:33	Vet 55 Male	65
228	James Vidler	38:36	Vet 60 Male	77
203	Jo Ellis	43:43	Vet 40 Female	125



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200	Emily Davies	45:08	Vet 40 Female	133
428	Rachael Toolan	46:02	Vet 40 Female	137
13th	Croft Ambrey RC 4	4:11:56,00		
192	Stuart Austin	39:39	Vet 55 Male	84
145	Tim Jones	39:46	Vet 55 Male	86
170	Roland Preece	40:07	Vet 55 Male	89
168	Bronwyn Preece	43:23	Senior Female	119
143	Samantha Harper	43:42	Vet 45 Female	122
135	Nikki Doherty	45:19	Vet 35 Female	134
14th	Hereford Couriers RC 4	4:18:37,00		
236	Chris Cleary	35:33	Senior Male	47
239	Nigel Reade	35:52	Vet 40 Male	53
240	Jonathan Davey	36:26	Vet 55 Male	55
308	Celia Escande	47:33	Senior Female	142
432	Samantha Stacey	49:11	Vet 40 Female	150
306	Laura Price	54:02	Senior Female	161
15th	Builth and District 3	4:25:57,00		
424	Gavin Samuel	35:45	Vet 35 Male	52
364	Gareth Wood	37:34	Senior Male	66
351	Christian Prynne	39:46	Vet 50 Male	85
396	Olivia Watts	50:48	Senior Female	153
362	Izzy Watts	50:48	Vet 40 Female	154
425	Tina Harrison	51:16	Vet 55 Female	156
16th	Croft Ambrey RC 5	4:32:13,00		
171	Ian Price	40:12	Vet 70 Male	91
180	Howard Verran	42:03	Vet 45 Male	104
128	Oliver Cameron Swan	43:33	Vet 45 Male	120
174	Louise Reeves	47:30	Vet 45 Female	141
136	Nikki Fergusson	49:06	Senior Female	149
131	Gemma Davies	49:49	Vet 40 Female	152

Number of Records: 96

