

# Herefordshire Summer Cross Country 2022



## Team Results - Race 1

Bib	Name	Time	Age Cat	Points
<b>1st</b>	<b>Builth and District 1</b>	<b>3:09:59,00</b>		
365	Robin Woods	27:35	Vet 45 Male	1
336	Phil Morris	29:01	Vet 40 Male	9
337	Donna Morris	31:19	Vet 35 Female	19
342	Haydn O'Reilly	31:33	Vet 40 Male	20
352	Joanne Rees	35:06	Vet 45 Female	54
334	Kate Jones	35:25	Senior Female	61
<b>2nd</b>	<b>Croft Ambrey RC 1</b>	<b>3:10:12,00</b>		
189	Matt Yapp	27:35	Senior Male	2
151	Mark Lamonby	28:11	Senior Male	4
152	Gareth Leek	28:11	Senior Male	5
138	Hannah Fletcher	33:46	Vet 35 Female	39
125	Kelly Bowen	36:03	Vet 35 Female	67
123	Katie Ayres	36:26	Senior Female	70
<b>3rd</b>	<b>Hereford Couriers RC 1</b>	<b>3:15:36,00</b>		
256	Matt James	28:07	Vet 35 Male	3
263	Ryan Knight	29:31	Senior Male	11
261	Scott Kennedy	30:25	Vet 40 Male	13
282	Naomi Prosser	34:46	Senior Female	51
292	Ellie Smithers	35:58	Senior Female	66
279	Christina Plant	36:49	Vet 35 Female	72
<b>4th</b>	<b>Croft Ambrey RC 2</b>	<b>3:24:03,00</b>		
120	Eric Apperley	28:22	Senior Male	7
187	Aidan Yapp	28:59	Male Under 20	8
149	Sam Jusan	31:59	Senior Male	23
167	Thea Preece	37:57	Senior Female	85
133	Mia Davies	38:15	Senior Female	89
179	Jo Tilby	38:31	Vet 40 Female	94
<b>5th</b>	<b>Ludlow Runners 1</b>	<b>3:28:41,00</b>		
40	Jamie Shingler	29:19	Vet 45 Male	10
53	Claire Thomas	33:05	Vet 35 Female	29
19	Matthew Hall	33:15	Vet 35 Male	35
15	Amy Fulford	35:51	Vet 45 Female	64
11	Ian Chubb	36:04	Vet 50 Male	68
14	Juliana Ferguson	41:07	Vet 40 Female	114
<b>6th</b>	<b>Hereford Couriers RC 2</b>	<b>3:29:53,00</b>		
275	William Morris	30:49	Senior Male	15
266	Ryan Lawrence	30:54	Senior Male	16
288	Ben Skinner	31:06	Vet 35 Male	17
250	Laura Hands	37:29	Senior Female	78
270	Clare Mallender	38:01	Vet 40 Female	87



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Bib	Name	Time	Age Cat	Points
301	Victoria Woodhall	41:34	Vet 45 Female	122
<b>7th</b>	<b>Builth and District 2</b>	<b>3:36:40,00</b>		
322	Richard Edwards	31:42	Vet 40 Male	22
319	Rhys Davies	32:48	Senior Male	27
327	Stephen Hambridge	33:10	Vet 40 Male	32
317	Sophie Cook	35:44	Vet 40 Female	62
313	Rachel Bradbury	41:23	Vet 40 Female	120
360	Gunvor Troelsen	41:53	Vet 55 Female	129
<b>8th</b>	<b>Croft Ambrey RC 3</b>	<b>3:41:39,00</b>		
178	Nigel Taylor	32:53	Vet 55 Male	28
140	Dave George	33:07	Vet 50 Male	30
181	David Warner	33:09	Vet 55 Male	31
157	Jo Marriott	40:01	Vet 50 Female	102
155	Steph Main	40:38	Vet 50 Female	110
121	Liza Austin	41:51	Vet 55 Female	127
<b>9th</b>	<b>Wye Valley Runners 1</b>	<b>3:41:55,00</b>		
211	Jeremy Jehan	32:18	Vet 50 Male	24
205	Peter Flynn	35:09	Vet 50 Male	56
403	Niall Considine	35:56	Senior Male	65
216	Amelia Louth	37:26	Senior Female	77
199	Lynne Compton	40:24	Vet 55 Female	106
209	Jane Hayde	40:42	Vet 35 Female	111
<b>10th</b>	<b>Monross Trailblazers 1</b>	<b>3:43:19,00</b>		
385	Gavin Jones	29:37	Senior Male	12
377	Richard Bevan	34:06	Vet 45 Male	42
391	Andrew Stephens	34:08	Vet 45 Male	43
393	Vanessa Ward	41:03	Vet 35 Female	112
378	Lucia Demkova	41:32	Vet 40 Female	121
395	Sophie Williams	42:53	Vet 35 Female	146
<b>11th</b>	<b>Hereford Triathlon Club 1</b>	<b>3:43:49,00</b>		
95	Sam Mayglothing	28:12	Vet 35 Male	6
90	Peter Koval	31:12	Vet 35 Male	18
100	Andy Taylor	34:28	Vet 50 Male	46
101	Kim Tomkinson	42:45	Senior Female	143
94	Deanna Mammatt	43:32	Vet 45 Female	153
91	Louise Le Ray	43:40	Vet 55 Female	155
<b>12th</b>	<b>Croft Ambrey RC 4</b>	<b>3:50:34,00</b>		
162	Steve Partridge	34:10	Vet 40 Male	45
165	Neil Powell	35:08	Vet 50 Male	55
160	Lee Monks	35:11	Vet 35 Male	58
143	Samantha Harper	41:52	Vet 45 Female	128



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135	Nikki Doherty	42:06	Vet 35 Female	132
168	Bronwyn Preece	42:07	Senior Female	133
<b>13th</b>	<b>Ludlow Runners 2</b>	<b>3:57:40,00</b>		
17	Tim Giles	36:18	Vet 50 Male	69
36	Iain Prentice	36:58	Vet 55 Male	73
34	Thomas Powell	37:50	Vet 35 Male	81
18	Emily Gould	41:35	Senior Female	123
43	Emma Stewardson	42:23	Vet 40 Female	135
46	Claire Webb	42:36	Vet 45 Female	138
<b>14th</b>	<b>Builth and District 3</b>	<b>4:00:32,00</b>		
359	Joshua Thomas	33:11	Senior Male	33
357	Matthew Sullivan	33:50	Senior Male	41
347	Josh Price	34:32	Senior Male	48
356	Celia Speake	42:06	Vet 55 Female	130
362	Izzy Watts	48:20	Vet 40 Female	186
335	Nicola Kelly	48:33	Vet 50 Female	188
<b>15th</b>	<b>Wye Valley Runners 2</b>	<b>4:02:39,00</b>		
207	Robert Gilligan	37:18	Vet 55 Male	75
228	James Vidler	37:58	Vet 60 Male	86
220	Paddy Nugent	39:52	Vet 60 Male	101
223	Lorna Shaw	41:11	Vet 60 Female	116
203	Jo Ellis	42:43	Vet 40 Female	141
217	Leah Lowe	43:37	Vet 35 Female	154
<b>16th</b>	<b>Hay Hotfooters 1</b>	<b>4:02:42,00</b>		
58	Stephen Goodridge	35:48	Vet 55 Male	63
59	Eleanor Griffiths	36:36	Senior Female	71
56	Mick Collins	39:04	Vet 55 Male	100
65	Kate Platt	41:04	Vet 45 Female	113
62	Sara Lake	41:20	Vet 50 Female	118
67	John Price	48:50	Vet 65 Male	192
<b>17th</b>	<b>Croft Ambrey RC 5</b>	<b>4:05:39,00</b>		
158	Dave Millichap	37:48	Vet 50 Male	80
170	Roland Preece	38:08	Vet 55 Male	88
126	Daniel Brazier	38:33	Senior Male	95
166	Suzanne Powell	42:27	Vet 60 Female	137
139	Sonia George	44:05	Vet 45 Female	159
153	Hélène Loh	44:38	Senior Female	161
<b>18th</b>	<b>Ludlow Runners 3</b>	<b>4:15:10,00</b>		
38	Clive Richardson	40:05	Vet 65 Male	103
23	Russell Limbert	40:13	Vet 55 Male	104
39	Paul Roberts	40:36	Vet 55 Male	109



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Bib	Name	Time	Age Cat	Points
27	Emily Moseley	43:55	Vet 35 Female	158
47	Elizabeth Whitmarsh	44:21	Vet 40 Female	160
10	Tina Cartwright	46:00	Vet 65 Female	172
<b>19th</b>	<b>Presteigne Pacers 1</b>	<b>4:15:27,00</b>		
114	Mark Radon	34:08	Vet 40 Male	44
109	Gareth Lloyd	35:20	Senior Male	60
110	Steve Mesham	38:29	Vet 50 Male	93
118	Sahrah Wilding	47:08	Vet 55 Female	180
115	Caroline Robson	48:38	Vet 40 Female	191
105	Samantha Coxshall	51:44	Vet 35 Female	206
<b>20th</b>	<b>Croft Ambrey RC 6</b>	<b>4:18:15,00</b>		
177	Neil Taylor	38:42	Vet 65 Male	96
171	Ian Price	40:25	Vet 70 Male	107
180	Howard Verran	42:06	Vet 45 Male	131
173	Suzanne Purvin	44:43	Vet 60 Female	162
172	Amy Purvin	45:58	Senior Female	171
150	Steph King	46:21	Vet 55 Female	177
<b>21st</b>	<b>Hereford Couriers RC 3</b>	<b>4:18:18,00</b>		
302	Harry Woodhouse	31:38	Senior Male	21
303	Ed Bullock	32:33	Senior Male	25
262	Kevin Kerrigan	32:37	Senior Male	26
294	Samantha Stacey	49:20	Vet 40 Female	195
306	Laura Price	50:33	Senior Female	201
243	Liz Fishpool	1:01:37	Senior Female	224
<b>22nd</b>	<b>Builth and District 4</b>	<b>4:22:09,00</b>		
346	Gareth Price	34:33	Vet 40 Male	49
330	Dai Harris	34:48	Vet 35 Male	52
366	Jonny Samuel	35:19	Senior Male	59
348	Hayley Price	50:17	Vet 50 Female	198
349	Shannon Price	52:24	Senior Female	209
396	Olivia Watts	54:48	Senior Female	214
<b>23rd</b>	<b>Croft Ambrey RC 7</b>	<b>4:30:39,00</b>		
145	Tim Jones	42:44	Vet 55 Male	142
185	Rob Wood	42:57	Vet 65 Male	147
182	Guy Whitmarsh	43:27	Vet 75 Male	150
174	Louise Reeves	46:38	Vet 45 Female	179
130	Leanne Cuthbertson	47:15	Senior Female	181
186	Sue Wood	47:38	Vet 65 Female	182
<b>24th</b>	<b>Ludlow Runners 4</b>	<b>4:32:28,00</b>		
9	Peter Cartwright	41:50	Vet 65 Male	126
52	Craig Collier	42:39	Vet 35 Male	140



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Bib	Name	Time	Age Cat	Points
33	Saul Phillips	43:30	Vet 40 Male	152
51	Malgorzata Bronisz-Handley	46:20	Vet 40 Female	175
41	Joanne Stanley	49:01	Vet 60 Female	193
20	Janet Hill	49:08	Vet 65 Female	194
<b>25th</b>	<b>Croft Ambrey RC 8</b>	<b>4:54:18,00</b>		
128	Oliver Cameron Swan	43:30	Vet 45 Male	151
136	Nikki Fergusson	47:40	Senior Female	183
183	Huw Williams	48:16	Vet 60 Male	185
131	Gemma Davies	48:34	Vet 40 Female	189
141	Lisa Gray	50:46	Vet 50 Female	202
132	Tom Davies	55:32	Vet 70 Male	217
<b>26th</b>	<b>Ludlow Runners 5</b>	<b>4:56:09,00</b>		
6	Tom Boog-Scott	44:51	Vet 70 Male	164
30	Gareth Parkinson	45:38	Vet 50 Male	169
42	Tony Stanley	46:06	Vet 60 Male	173
8	Clare Broome	52:42	Vet 45 Female	210
7	Wendy Booker	53:20	Vet 55 Female	211
44	Karen Thompson	53:32	Vet 55 Female	212

Number of Records: 156

