

## Age Category Results

Place	Bib	Name	Club	Time
<b>Female Under 20</b>				
1.	42	Evie Hawkesford - Johnson	Worcester AC	40:47
<b>Senior Female</b>				
1.	59	Sophie Hacking		42:47
2.	51	Kate Jones	Builth and District Running Club	43:07
3.	13	Laura Hands	Hereford Couriers	45:21
4.	20	Emma PRICE		49:46
5.	74	Isabelle Robinson	Builth & District	50:21
6.	64	Bronwyn Preece	Croft Ambrey RC	50:38
7.	21	Rebecca Cooke		50:54
8.	28	Esther Johnson		57:44
<b>Vet 35 Female</b>				
1.	75	Donna Morris	Builth & District	36:25
2.	29	Fern Cotterill		39:18
3.	35	Laura Bennett		47:47
4.	71	Kirsty Hatcher	Vegan Runners UK	53:40
5.	11	Samantha Coxshall	Presteigne Pacers	58:46
<b>Vet 40 Female</b>				
1.	52	Sophie Cook	Builth & District	41:06
2.	18	Aimee Holman	Bridgnorth Running Club	45:19
3.	15	Christina Pinto-Pearson	Stroud & District AC	45:36
4.	30	Joanne Tilby	Croft Ambrey RC	45:49
5.	25	Rachel Bradbury	Builth & District Running Club	50:17
<b>Vet 45 Female</b>				
1.	19	Deborah Hawker	Hereford Couriers	1:01:41
<b>Vet 50 Female</b>				
1.	5	Lisa Yeomans	Telford Harriers	46:29
2.	24	Nicola Kelly	Builth & District Running Club	56:51
3.	6	Clare Preece	Croft Ambrey RC	58:03
<b>Vet 55 Female</b>				
1.	45	Sarah Askey	Hereford Couriers	46:01
2.	67	Alison Apperley	Croft Ambrey RC	1:20:43
<b>Vet 60 Female</b>				
1.	46	Melanie Graham	Builth & District Running Club	54:47
2.	12	Suzanne Kendrick	Rhayader Eunning Club	55:27
3.	9	Lesley Ashton	Vegan Runners UK	56:08
4.	31	Suzanne Purvin	Croft Ambrey RC	57:09
5.	37	Elizabeth Tindle	Halesowen ACC	57:32
6.	4	Tania Willoughby	Telford Harriers	1:03:02



## Age Category Results

Place	Bib	Name	Club	Time
7.	66	Helen McCarthy	Croft Ambrey RC	1:04:28

### Male Under 20

1.	70	Patryk Chapman	Hereford Couriers	50:33
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### Senior Male

1.	62	Eric Apperley	Croft Ambrey RC	35:19
2.	10	Luke Mason	Hereford Couriers	35:19
3.	7	Ryan Burkin		39:45
4.	17	Todd Wright		39:56
5.	69	Liam Clancy		46:13
6.	56	Daniel Brazier	Croft Ambrey RC	46:24
7.	77	Ben Williams		46:27
8.	54	Kieran Merrick	Hereford Couriers	47:34
9.	33	Harry C		47:57
10.	26	Jake Pugh		48:23
11.	73	Christopher Wayman		59:06

### Vet 40 Male

1.	65	Mark Sharples		39:26
2.	53	Steve Partridge	Croft Ambrey RC	41:30
3.	57	Alex Lane		43:06
4.	61	Mike Howard		46:32
5.	60	Ben James	Hereford Couriers	52:13
6.	58	Adam Mitchell-Haywood	Hereford Couriers	1:20:41

### Vet 45 Male

1.	49	Darryl Carter	Defra AC	38:03
2.	38	Howard Verran	Croft Ambrey RC	49:03

### Vet 50 Male

1.	43	Richard Flutter	Meirionnydd Running Club	42:02
2.	50	Steven Mesham	Presteigne Pacers	44:27
3.	55	Paul Cooke		47:34

### Vet 55 Male

1.	41	Martin Carter	Hereford Couriers	41:36
2.	40	Jonathan Davey	Hereford Couriers	43:05
3.	48	Mark Hookins	Hereford Couriers	45:13
4.	76	Angus Kirby	Ludlow Runners	45:30
5.	63	Roland Preece	Croft Ambrey RC	45:48

### Vet 60 Male

1.	44	Mark Heath	Hereford Couriers	43:00
2.	47	Guy Jenkins	Hereford Couriers	48:55
3.	27	Mark Johnson	Lone Goat Running Club	52:00
4.	34	Jimmy C		54:29



## Age Category Results

Place	Bib	Name	Club	Time
5.	1	John Noonan	Hereford Couriers	1:08:51

### Vet 65 Male

1.	16	John Bateman	Run Academy Worthing	42:34
2.	8	Paul Millsom	Vegan Runners UK	42:46
3.	72	Martin Flowers	Wye Valley Runners	51:12

Number of Records: 68

