

The Hope Valley Run 2022

Overall Results



Pos.	Bib	Name	Gender	Club	Time	Age Cat	Rank
1.	72	Matt James	M	Hereford Couriers	51:49	SM	1st
2.	45	Dean Jones	M	Western Tempo	52:06	SM	2nd
3.	7	Luke Mason	M	Hereford Couriers	52:45	SM	3rd
4.	67	David Bannister	M	Ledbury & District Harriers	53:50	VetM45	1st
5.	85	Brandon Adams	M	Hereford Couriers	54:20	SM	4th
6.	18	Ross Cameron	M	Hereford Couriers	54:29	SM	5th
7.	2	William Morris	M	Hereford Couriers	54:59	SM	6th
8.	61	Harry Woodhouse	M	Hereford Couriers	56:09	SM	7th
9.	100	Richard Williams	M	Wye Valley Runners	56:45	SM	8th
10.	68	Ryan Lawrence	M	Hereford Couriers	57:08	SM	9th
11.	6	Colin Lambourne	M	Hereford Couriers	57:10	VetM45	2nd
12.	80	Steve Rooke	M	Ledbury & District Harriers	57:41	VetM50	1st
13.	28	Damian Cartland	M		57:55	VetM45	3rd
14.	90	Sam Newman	M	Hereford Couriers	58:03	SM	10th
15.	64	Simon Norwood	M	Croft Ambrey RC	58:29	VetM50	2nd
16.	83	Ben Skinner	M	Hereford Couriers	58:57	SM	11th
17.	99	Lea Wood	M	Wye Valley Runners	59:32	SM	12th
18.	62	Nick Hitchings	M	Worcester	59:39	VetM50	3rd
19.	98	Jeremy Jehan	M	Wye Valley Runners	59:49	VetM50	4th
20.	78	Neil Grinnell	M	Ledbury & District Harriers	59:56	VetM45	4th
21.	86	Jonathan Gledhill	M	Hereford Couriers	1:01:03	VetM45	5th
22.	27	Rob Bowery	M	Black Pear Joggers	1:01:24	VetM45	6th
23.	5	Martin Carter	M	Hereford Couriers	1:02:35	VetM55	1st
24.	87	Niki Morgan	F	Chepstow Harriers	1:02:53	VetF55	1st
25.	15	Jonathan Davey	M	Hereford Couriers	1:02:58	VetM55	2nd
26.	19	Jon Phillips	M	Hereford Couriers	1:04:41	SM	13th
27.	93	Chris Law	M	Ledbury & District Harriers	1:05:27	VetM55	3rd
28.	24	Clare Mallender	F	Hereford Couriers	1:05:45	VetF45	1st
29.	35	Martin Thomas	M	Malvern Buzzards	1:06:20	VetM50	5th
30.	30	Amelia Louth	F	Wye Valley Runners	1:07:01	SF	1st
31.	69	Robert Jones	M	Black Pear Joggers	1:07:05	VetM40	1st
32.	84	Andy Creber	M	Chepstow Harriers	1:07:15	VetM60	1st
33.	88	David Millichap	M	Croft Ambrey RC	1:07:34	VetM50	6th
34.	94	Cameron Law	M		1:07:35	SM	14th
35.	91	Shaun Hoyes	M	Wye Valley Runners	1:07:48	VetM60	2nd
36.	65	Christina Plant	F	Hereford Couriers	1:07:54	VetF35	1st
37.	25	Paul Kemp	M	Wye Valley Runners	1:08:12	VetM45	7th
38.	74	Christian Mason	M	Hereford Triathlon Club	1:08:28	SM	15th
39.	11	Sarah Askey	F	Hereford Couriers	1:08:50	VetF55	2nd
40.	46	Josh Vickery	M		1:09:16	SM	16th
41.	16	Becki Ansfield	F	Wye Valley Runners	1:10:18	VetF45	2nd
42.	75	James Vidler	M	Wye Valley Runners	1:10:36	VetM60	3rd
43.	31	Damon Tarbath	M		1:11:13	VetM45	8th
44.	41	Steph Main	F	Croft Ambrey RC	1:12:21	VetF50	1st
45.	56	Jess Sullivan	F	Hereford Couriers	1:13:29	VetF35	2nd



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46.	52	Rachael Alexander	F	Worcester AC	1:13:50	VetF40	1st
47.	17	Katie Jones	F		1:15:10	VetF35	3rd
48.	73	Robert Connell	M	Hereford Couriers	1:15:18	VetM60	4th
49.	23	Pete Blakeman	M	Almost Athletes	1:16:07	VetM60	5th
50.	79	Tym Musgrove	M	Ledbury & District Harriers	1:16:10	VetM55	4th
51.	63	Alison Hitchings	F	Black Pear Joggers	1:16:25	VetF45	3rd
52.	97	Simon Peberdy	M		1:16:36	VetM50	7th
53.	4	John Bilbao	M	Hereford Triathlon Club	1:17:03	VetM65	1st
54.	55	Tristan Berry	M	Black Pear Joggers	1:17:53	SM	17th
55.	13	Jo Ellis	F	Wye Valley Runners	1:18:02	VetF40	2nd
56.	50	Charlie Kimberley	F		1:18:37	VetF45	4th
57.	95	Rob Wood	M	Croft Ambrey RC	1:19:29	VetM65	2nd
58.	36	Kim Handley	F	Hereford Couriers	1:19:44	VetF35	4th
59.	38	Shelley Renwick	F	Running Bear	1:20:04	VetF45	5th
60.	59	Dave George	M	Croft Ambrey RC	1:20:05	VetM50	8th
61.	71	Alan Rowlands	M	Hereford Couriers	1:20:19	VetM45	9th
62.	81	Ella Hogan	F	Ledbury & District Harriers	1:20:30	VetF40	3rd
63.	33	Fiona Groves	F		1:21:06	SF	2nd
64.	66	Sarah Parry	F	Clwb Run Wales	1:21:10	VetF50	2nd
65.	54	Naomi Smith	F		1:21:13	VetF35	5th
66.	101	Andrew Hills	M	Spirit of Monmouth	1:22:32	VetM55	5th
67.	22	Mark Wrathall	M		1:23:59	VetM45	10th
68.	8	Emma Price	F		1:24:16	SF	3rd
69.	92	Diane Wynne	F	Presteigne Pacers	1:24:49	VetF55	3rd
70.	51	Celia Escande	F	Hereford Couriers	1:25:49	SF	4th
71.	96	Sue Wood	F	Croft Ambrey RC	1:25:50	VetF65	1st
72.	48	Philip Powell	M		1:26:37	VetM65	3rd
73.	20	Debbie Davies	F	Lonely Goat RC	1:26:47	VetF40	4th
74.	42	Ralph Lloyd	M	Wye Valley Runners	1:26:56	VetM60	6th
75.	60	Ricardo Martins	M	Wye Valley Runners	1:26:57	VetM40	2nd
76.	26	Stephanie King	F	Croft Ambrey RC	1:27:06	VetF55	4th
77.	32	Zoe Tucker	F		1:28:45	SF	5th
78.	76	Lissa Morgan	F		1:31:38	VetF45	6th
79.	29	Hayley Clayton	F		1:31:55	VetF45	7th
80.	21	Heidi Lyth	F	Hereford Couriers	1:34:00	VetF50	3rd
81.	89	Hayley Millichap	F	Croft Ambrey RC	1:34:31	VetF50	4th
82.	37	Sara Roper	F	Wye Valley Runners	1:40:06	VetF45	8th
83.	34	Sian Champken	F	Wye Valley Runners	1:40:06	VetF50	5th
84.	1	John Noonan	M	Hereford Couriers	1:49:35	VetM60	7th

Number of Records: 84

