

Ross on Wye 5k

Age Category Results



Place	Bib	Name	Club	Time
Female Under 20				
1.	206	Danielle Wilson	Forest of Dean AC	22:39
Senior Female				
1.	240	Natalie Addis		38:08
2.	227	Bethany Carter		40:42
Vet 35 Female				
1.	252	Caz Brown		31:08
2.	205	Vicky Wilson		34:04
3.	209	Penny Bennett		45:23
Vet 40 Female				
1.	236	Debbie Davies	Lonely Goat RC	29:04
2.	254	Amie Lobban		35:28
3.	213	Nicci Bratcher	#noexcuses	54:35
Vet 45 Female				
1.	218	Adele Taylor		54:35
Vet 50 Female				
1.	230	Kerry Postlewhite		33:02
2.	242	Lisa Morgan-King		33:12
3.	255	Sharon Smith		34:45
4.	211	Mandy Tobin		41:28
5.	250	Rachel Woods		46:21
6.	238	Clare Murrell		51:18
Vet 55 Female				
1.	208	Dawn Esdale		48:52
Vet 60 Female				
1.	201	Kathy Ratcliffe		28:44
2.	207	Gill Amey		42:49
3.	204	Barbara Marangon		51:17
Vet 65 Female				
1.	243	Joanne Jackson		37:01
Male Under 20				
1.	251	William Chalk	Newport Harriers	19:55
2.	233	Owen Fishpool	Newent Runners	21:30
3.	229	Fred Tyler	Hereford & County AC	21:41
4.	249	Travis Edwards	Forest of Dean AC	22:48
Senior Male				
1.	257	Chris Cleary	Hereford Couriers	22:48



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Place	Bib	Name	Club	Time
2.	259	Ryan Lawrence	Hereford Couriers	22:49

Vet 40 Male

1.	258	Jon Edwards	Hereford Couriers	22:56
2.	212	George Lobban		28:30

Vet 45 Male

1.	253	Adrian Fishpool		27:16
2.	256	Mark Crome		36:17

Vet 55 Male

1.	228	Jeremy Trumper		24:31
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Vet 60 Male

1.	239	Martin Heseltine	Run Forest Run	28:04
2.	241	Nick Richards		43:34

Vet 65 Male

1.	202	Paul Taylor		26:49
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Number of Records: 35

